

KATIE HOPKINS
'I'm having open brain surgery'



MYLEENE'S DESPAIR
New twist in bitter war with ex



Paul & Mary's BAKE OFF BUST-UPS!
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NEW PICS!



TYRA BANKS



HOLLY WILLOUGHBY



GAME OF THRONES' NATALIE

KIM'S PREGNANCY PANIC

- STRESSED at gaining 20lb
- TERRIFIED new sex tape will be leaked



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She's So NOW



Cover photos: Landmark Media, Rex, Planet, Xposure, She's So Now photo: Splash

Cara heads to Hollywood!

Cara Delevingne has proven she's not only a supermodel but an inspiring role model too. The 22-year-old fashion icon, who's starring in new film Paper Towns, has spoken candidly about her relationship with singer St Vincent, 32, and hit out at suggestions in a recent interview that dating women is just a fad. 'My sexuality is not a phase,' she insisted. 'I am who I am.' Go Cara!

Sally x

Sally Eyden, Content Director
Follow me on Twitter @sallyeyden

Watch Katie mouth off!

Find out all the outrageous things Katie Hopkins would do if she ruled the world! Visit nowmagazine.co.uk/katiecommandments



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Bonjour

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This week's

Love juice

Who's **dating**, **mating** and **hating**





Jesy's engagement ring is a real sparkler



Ed sings the couple's fave song for them – sob!

Romantic Jake got down on one knee

Little Mix's big proposal

Jesy Nelson & Jake Roche

Following in the footsteps of her bandmate Perrie Edwards and Zayn Malik, 24-year-old Jesy has become the latest young pop star to get engaged. Her boyfriend Jake, 22, popped the question in front of her friends and family during a soundcheck at the Manchester Arena – the place they met exactly a year earlier. The Rixton rocker even recruited Ed Sheeran to serenade his future wife with their favourite song Tenerife Sea while he got down on one knee.

Jake's mum Coleen Nolan, 50, who hid behind a curtain watching the whole proposal happen, gushed: 'I'm just emotionally drained – it was fabulous! Although they're young, they're so in love. The [wedding] will be in the next year or two.' Oh, and if you're thinking of enlisting the help of Mr Sheeran for your own big romantic gesture, the singer's since stated he did it all in exchange for a KFC. Let's hope you got more than a bargain bucket for your effort, Ed!

Words: Joshua Fox and Lily Anderson. Photos: Corbis, PA, WENN, Xposure

LOVE ladder

Hotting up

Alex Kingston & Jonathan Stamp

Doctor Who actress Alex, 52, has tied the knot for a third time, marrying her long-time partner, TV producer Jonathan, in a beautiful Italian ceremony.





Lorde & James Lowe

Lorde, 18, may never be a Royal, but she might be engaged to photographer James, 25! She's wearing a rock on *that* finger...

Going off

Kate Moss & Jamie Hince

After marrying in 2011, Kate, 41, and Jamie, 46, are rumoured to be heading for divorce, with the marriage said to be 'beyond repair'.





Rita Ora & Ricky Hilfiger

X Factor judge Rita, 24, has reportedly split from rapper Ricky, 25, after a year of dating – but they say they'll try to remain friends.

Pinky promise



Becks posted: '99 was a good year for me'

David & Victoria Beckham

Just when you thought Becks, 40, couldn't get any cuter, he proved he's the perfect hubby once again by getting '99' inked on his pinky as a tribute to the year he wed Victoria, 41.

It's a McBaby!



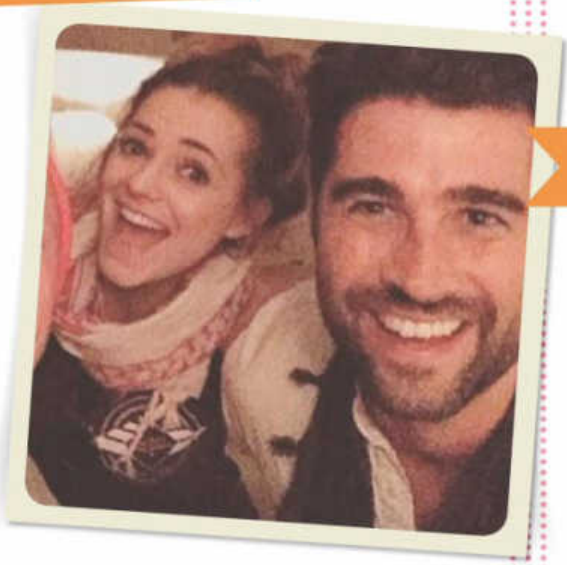
Harry & Izzy Judd

Congratulations to former Strictly Come Dancing champ Harry, 29, who's announced he's expecting his first child with wife Izzy, 31. The McBusted drummer wrote on Instagram: 'We're so happy and feel truly blessed to be able to share with you that we're expecting our very own little miracle.' Aww, cute.

The look of love

Kara Tointon & Matt Johnson

Hands up if you're jealous of Kara right now? Cos we are! The 31-year-old is reportedly dating Welsh TV hunk Matt, 32, after her split from Strictly's Artem Chigvintsev last year. The new couple have been spotted 'holding hands' and looking all 'loved-up'.

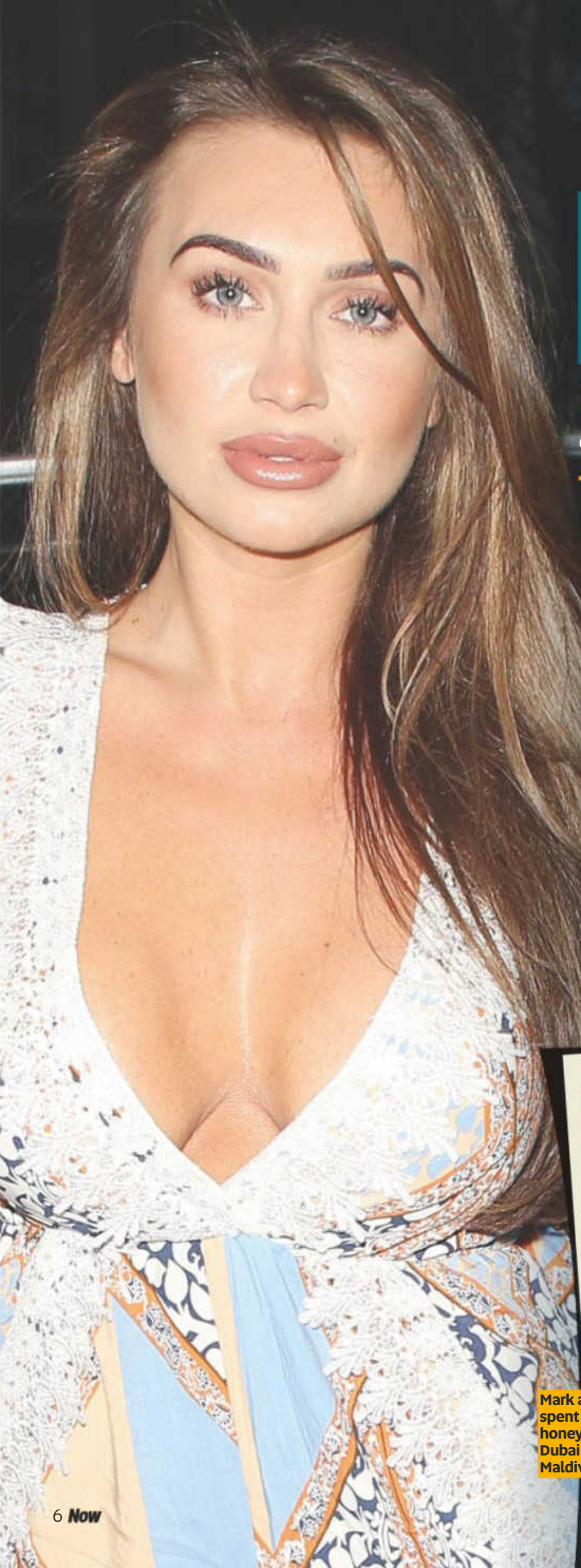


Crush corner

CRISTIANO RONALDO, 30

Real Madrid's football fittie took a dip in some cold water after a hard day at work... and *we're* going to need some cold water throwing over us to cool us down a bit. Where's the Ice Bucket Challenge when you need it?





Hum
HITTIN

LAUREN: 'I can't win'

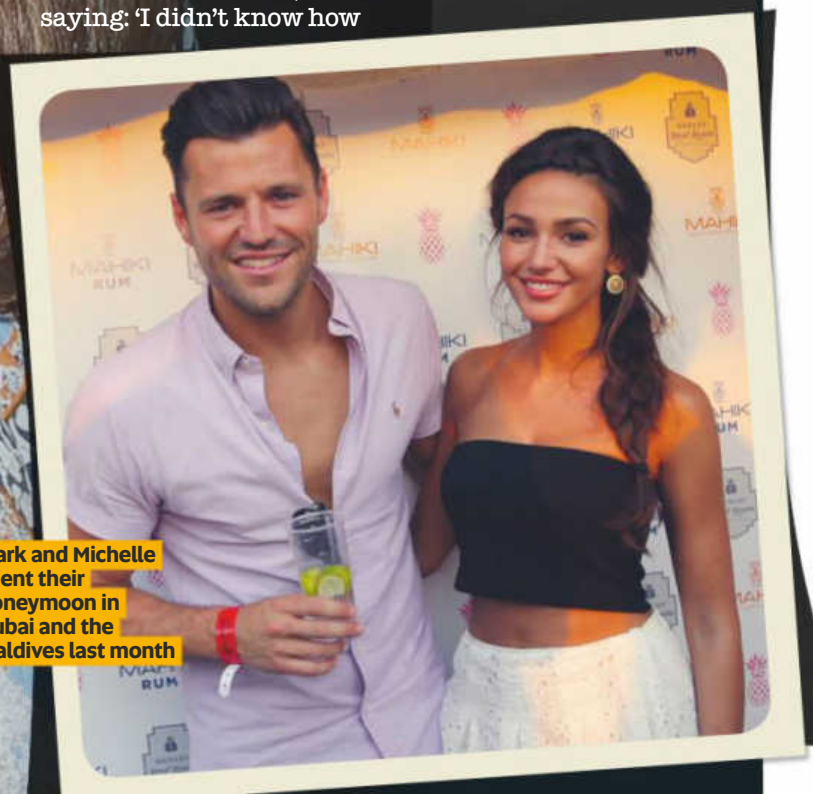
Lauren Goodger has been drawn back into a row with her ex Mark Wright after he mentioned her again in an interview. Mark publicly messaged Lauren, who he was with for 10 years, on Twitter earlier this year, urging her to stop talking about him and his wife Michelle Keegan. But now *he's* mentioned Lauren.

Mark, 28, Tweeted Lauren while on his honeymoon, saying: 'Respect my wife and STOP,' after she posted a series of cryptic Instagram pics, which she said were about on-off boyfriend Jake McLean but many thought were digs at Mark and Michelle.

The ex-TOWIE star's now defended his decison, saying: 'I didn't know how else to get my point across. I'm not going to talk to her, I'm not going to do interviews, so my last resort after taking so much was this... I had to stand up for myself and my wife and beg her to stop.'

On the day the interview was published, Lauren, 28, kept a dignified silence, only reTweeting a fan who posted: 'God @laurengoodger literally gets slated for everything she does! Poor girl cant do nowt without getting abuse hurled at her!'

A source says: 'Lauren has moved on and she's happy with Jake. It's frustrating Mark's doing the very thing he's cricitised her for. It's embarrassing and she wishes he would just leave the past in the past. She feels like she can't win.'



Mark and Michelle spent their honeymoon in Dubai and the Maldives last month

iliated & NG BACK...

They've been knocked by their exes – but now these stars are fighting back





Kristina has denied rumours of an affair with Ben

KRISTINA: Abuse is 'pathetic'

Strictly's Kristina Rihanoff has had it with being labelled the 'scarlet woman' in Ben Cohen's split with his wife Abby. The pair's 12-year marriage fell apart after former rugby star Ben, 36, danced with Kristina on the BBC show in 2013 – and she's taken the flak for the break-up despite insisting they're just good friends.

The 37-year-old dancer last week hit back at trolls blaming her for the split – including one who accused her of 'shagging other women's husbands' – posting: 'How pathetic your life must be if you find time to Tweet something like this. Poor you. Get a life? Or an education or both.'

A source close to Kristina – who's reportedly planning a tell-all book – says: 'She's livid about the abuse. Both she and Ben are dealing with the aftermath of the split. She doesn't help herself but it's frustrating staying quiet.'

However, Abby, 36, who has two children with Ben, isn't letting it lie. She Tweeted Kristina a poem about karma, saying: 'There you go my lovely.' When fans blasted it as 'pathetic', Abby – who's seeking a divorce – replied: 'People would feel differently if they knew the truth.'



Ben and Abby got together when they were just 17

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Katie split with Tom in 2012 after being married for five years



Tom's said to be thinking about popping the question to Emily



Katie's lookalike Emily

KATIE:
Hurt by Tom's lookalike new love

It's three years since Katie Holmes and Tom Cruise split but the 36-year-old actress has been left hurt and embarrassed by her ex moving on with a carbon copy of her. The Mission: Impossible star is dating Emily Thomas, who not only looks just like Katie but is only 22!

Tom, 53, is currently promoting new Mission: Impossible sequel Rogue Nation – and given that Emily's also his PA, she's been permanently glued to his side. The pair have been spotted looking completely smitten while out and about together.

A source says: 'Tom's fallen head over heels for Emily and she feels the same way. Katie might be the one who ended their marriage but she's still the mother of his daughter Suri and it's always going to be hard to see your ex with someone new – especially someone so much younger.'

There's already talk that Tom – who met Emily last year – is set to pop the question, making her his fourth wife after Katie, Nicole Kidman and Mimi Rogers. The source says: 'Tom doesn't like to waste time when he's in love. He's a hopeless romantic.'

KOURTNEY:
'There's no turning back'

Seeing your partner of nine years cavorting with his ex is most definitely a bitter pill to swallow. So imagine how humiliated Kourtney Kardashian, 36, felt when she saw pics of Scott Disick in France with Chloe Bartoli – who claims nothing happened between them.

A source said: 'Kourtney is so upset with Scott right now, the thought of taking him back makes her sick to her stomach. He crossed the line and there's no turning back. She's devastated, but more angry than hurt.'

To add to the humiliation, a string of scantily clad women were seen leaving Scott's Beverley Hills bachelor pad last week. He claims his friend rapper Mally Mall was using his home to film a music video.

Kourtney's reportedly sought legal advice to gain sole custody of their three kids. And with a rumoured £12 million tell-all book deal in the offing for Scott, it may not be over for them just yet.



Scott got very touchy-feely with ex Chloe in France

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SHERIDAN:

‘I’m outta here’

She usually keeps her private life just that, but it’s clear Sheridan Smith isn’t one to mess with. The actress recently split with Hollyoaks star and dad of three Greg Wood, 36 – who plays Trevor Royal – after suspecting his co-star Tamara Wall, 35, who plays Grace Black, was the reason he split with his wife.

Sheridan, 34, called him out on Twitter, claiming: ‘Grace and Trevor are real life cheats, not me. She’s the real marriage breakdown. Poor three kids. I’m outta here… Bye now.’

But Greg’s reportedly desperate to rekindle the romance, with a source claiming: ‘There are serious trust issues but he says he has nothing to hide and will do whatever it takes to win her back.’ The source added: ‘There’s absolutely nothing going on between Tammy and Greg.’

Greg’s desperate to win her back and has offered to allow her to scan his phone for proof



They started dating in January and even got matching tattoos



Three years after Graham left, the mum of two’s stronger than ever

MYLEENE KLASS:

‘I will not sink’

Myleene Klass was left so heartbroken when her marriage to Graham Quinn fell apart three years ago that she’s sworn never to speak to him again. She’s revealed: ‘I thought I’d never smile or trust anyone again. I felt so betrayed.’

Myleene had been with bodyguard Graham since 2001 but they split just six months after they tied the knot in 2012, after he allegedly walked out on her 34th birthday. The 37-year-old now admits she’d ‘questioned’ the relationship, but put it to the back of her mind to maintain a happy family for their daughters Ava, seven, and Hero, four.

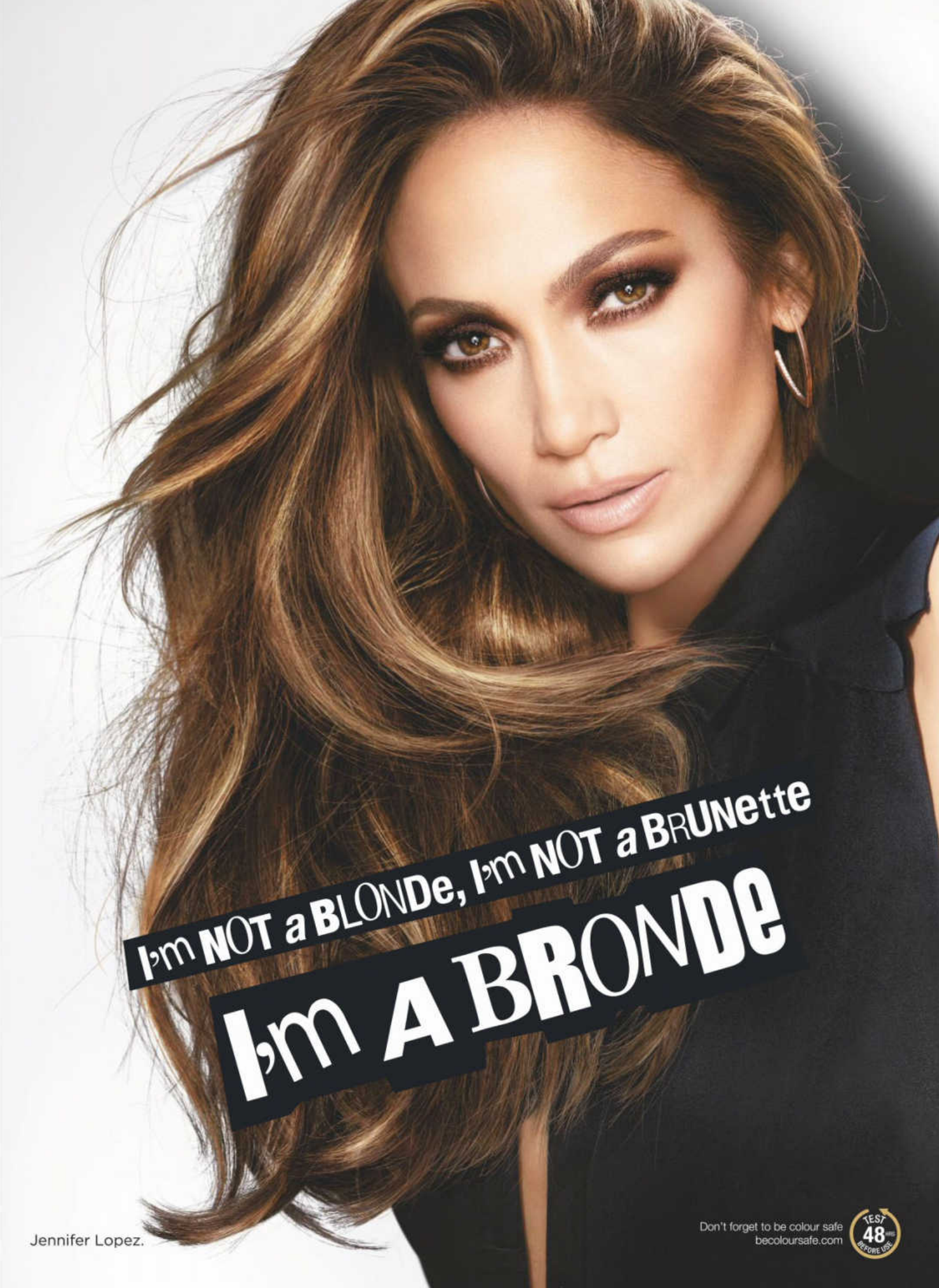
She revealed: ‘How did I think it was OK for him to say he needed to go out and buy milk on Christmas Day? If I was reading that in a magazine I’d be screaming: “What are you doing?” But no one will ever put me through that again. I said to my mum and dad: “I’m broken but I will not sink.”’

Myleene added that she regretted making Graham joint director of her £11 million fortune. However, Graham, 41, retaliated with a bitter online rant, saying: ‘Please explain to me how I took your money? I lost so much money from our divorce and our house.’



Despite being together for 11 years, their marriage lasted just six months

Words: Lucreta Munro and Kelly Allen. Photos: BBC, FameFlynet, Famous, Getty, GC Images, INF, Rex, Splash, Vantage News, Xposure

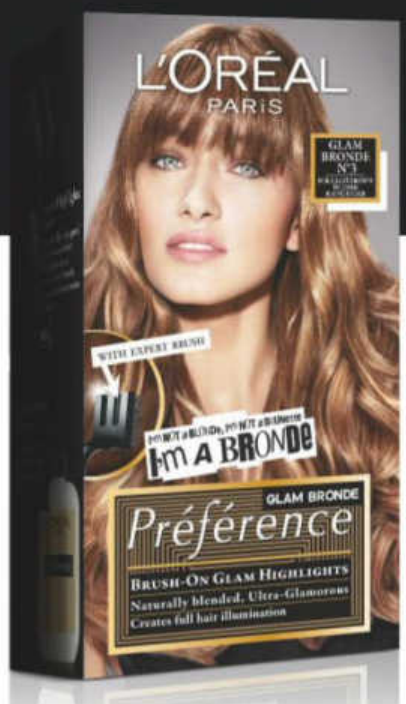

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Kim's pregnancy weight woes: 'I'VE GAINED 20LB!'

The reality TV star is battling the baby bulge again

After receiving constant abuse about her weight gain while pregnant with first baby North, it's no surprise Kim Kardashian is dreading the same treatment during her second pregnancy – especially since the weight is already starting to creep on.

Kim recently Tweeted: 'Went to the Dr today for a check up, guess I was off on my 20 week mark by a week or two... But not the 20lbs LOL.'

The 34-year-old has been working out regularly with fitness trainer Tracy Anderson, as well as following a professional eating plan. And it had seemed like that was working, with people even speculating she was using a surrogate as her bump was so small! Kim Tweeted: 'I secretly love the rumours I was faking my pregnancy because I was so skinny. Well, can't hide it now.'

The reality star – whose baby boy with husband Kanye West, 38, is due in December – had tried

TURN FOR MORE



Kim struggled with her weight when pregnant with North, now two

not to get stressed out about her looks. After announcing the happy news in June, she said: 'I'm really going to try to enjoy this pregnancy more and relax. This time around I have a nutritionist to keep me healthy. I'm trying not to eat like the first time. I put on a lot of water weight, so I'm trying to prevent that from happening again. At the end of the day, I'm trying to live in the moment and really enjoy the pregnancy.'

But it's easier said than done, especially now that she's looking so much bigger. And Kim's already panicking how much weight she'll gain by her due date –and how hard it'll be to lose it again. A source tells Now: 'Kim is totally freaking out over how rapidly she's been gaining weight. She's wondering how the hell she's going to handle it.'

While she was expecting North, Kim was the subject of vicious jibes about her change in body shape and her style. When she was five months pregnant with North, she said: 'Every day I would hear people criticise me. Little by little it would chip away at my soul.' Now at the same stage with baby No 2, she says: 'I'm trying to prevent that happening again.'

As well as regular exercise sessions, Kim's revealed she's going on three-mile walks and doing 100 squats to keep her famous bum in shape. And she has a little help from maternity Spanx. She's admitted: 'Sometimes I wear two pairs under something, or stockings – it holds you in.' We think you look fab no matter what size you are, Kim.





Words: Lucretia Munro. Photos: Solarpix, Rex, Film Magic, Splash, Rex

Kim fears new sex tape leak



Kim wed Damon 15 years ago

A gossip site has posted a tape alleged to be of Kim and her first husband Damon Thomas

To add to Kim's pregnancy worries, it's emerged that there may be *another* explicit sex tape of her – this time with ex-husband Damon Thomas. Kim married Damon in 2000 in secret, but the marriage only lasted four years.

US gossip site Media TakeOut.com posted what's alleged to be an image of Kim in the throes of passion. A source has claimed: 'Yes, there was footage but Kim never thought it would see the light of day. She can't believe that someone would do this.'

It's not the first time Kim has had to deal with a scandal of this nature, though. In 2010 a sex tape emerged of her and ex-boyfriend Ray J.

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LILAH PARSONS

Lilah looks lovely in this navy dress – just the thing to see you through wedding season!

Words and styling: Sarah Bradbury

ING SELFIES

Ooh, what have the stars been shopping and sharing this week?





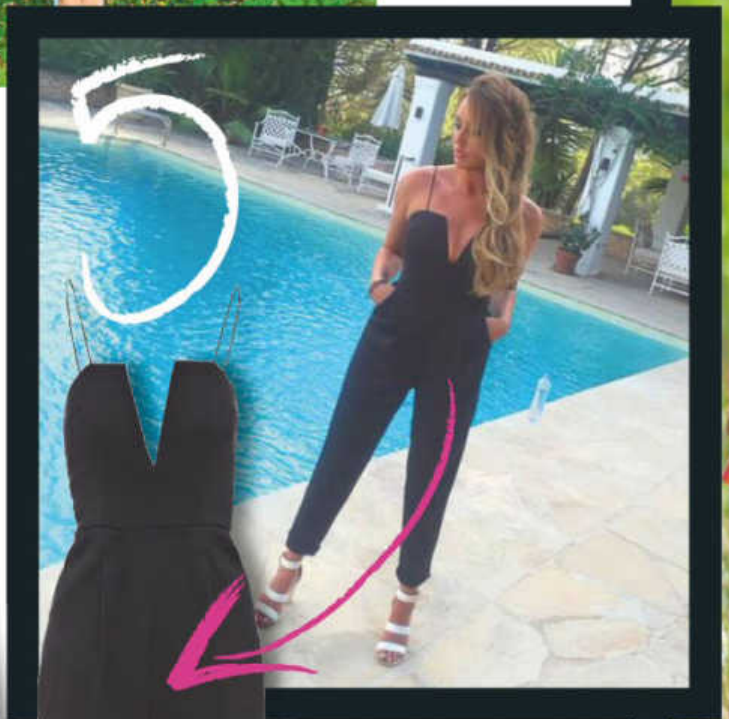
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NEED TO KNOW NOW!

All the news, none of the snooze

Demi-spiration!

GRIMMY REVEALS X FACTOR SECRET

It's only a couple of weeks since Nick Grimshaw made his debut as a judge at the X Factor auditions but by all accounts he's already going down a storm. And maybe that's because he's been secretly taking tips from former X Factor judge Demi Lovato, 22, by watching her on the US show.



Chezza's hubby's got his eye on you, Nick!

During an interview with Nick Jonas on his Radio 1 Breakfast Show, DJ Nick, 30, revealed: 'I love Demi Lovato. I got into watching her best bits on the American X Factor. I couldn't get out of watching them. She's very funny on it. She really gave Simon Cowell a run for his money – she tortured him! I really liked that.'

Nick's been a big hit with his fellow judges, too, but he could be feeling the wrath of Cheryl Fernandez-Versini's husband Jean-Bernard after he grabbed her bum as he lifted her up for a pic in her dressing room. JB posted a message on Nick's Instagram saying: 'Jimmy the Grym, you very funny and strong after all those hours in the gym but remember her ass is mine.' Ooh, better watch out, Nick!

Demi's best bits

We've compiled some of Demi's top putdowns for future use, Grimmy...

CONTESTANT: I've got a Chihuahua called Paul Newman.
SIMON: If I had a dog, I'd call it Demi.
DEMI: If I had a pig, I'd call it Simon!

'Simon didn't have his coffee this morning. You know how old people are, they've got to have a coffee.'

SIMON (TO A CONTESTANT): Are you single?
DEMI: She's a little young for you... unless she's into guys with grey hair.

Handing Simon a crown: 'You should wear this princess crown – because you act like a little girl.'

SIMON (TO A CONTESTANT): I wouldn't even play that at my funeral – no one would turn up!
DEMI: I think there are other reasons no one would turn up to your funeral...



Joker Grimmy steals the show



The K vs Tay feud started in 2013 when Taylor accused Katy of sabotaging her arena tour...



...and rumour has it Taylor wrote Bad Blood about their soured friendship

Katy vs Tay – again

STARS IN MTV VMAS FEUD

This year's MTV VMAs nominations sure kicked off a lot of trouble. It all started when Nicki Minaj blasted them for not nominating her track Anaconda for Video Of The Year. Nicki Tweeted: 'If I was a different "kind" of artist, Anaconda would be nominated for best choreo and vid of the year as well.' The 32-year-old rapper added: 'If your video celebrates women with very slim bodies, you will be nominated for vid of the year.'

Some took that as a dig at Taylor Swift's star-studded video for Bad Blood – which *was* nominated – and Tay, 25, responded by saying: 'I've done nothing but love & support you. It's unlike you to pit women against each other.'

As if that wasn't awkward enough, Katy Perry, 30, added fuel to her continuing feud with Taylor by weighing in with the comment: 'Finding it ironic to parade the pit women against other women argument about as one unmeasurably capitalizes on the take down of a woman. [sic]'

Thankfully, Taylor and Nicki did at least make peace. Tay Tweeted: 'I missed the point, I misunderstood, then misspoke. I'm sorry, Nicki.' Aww!

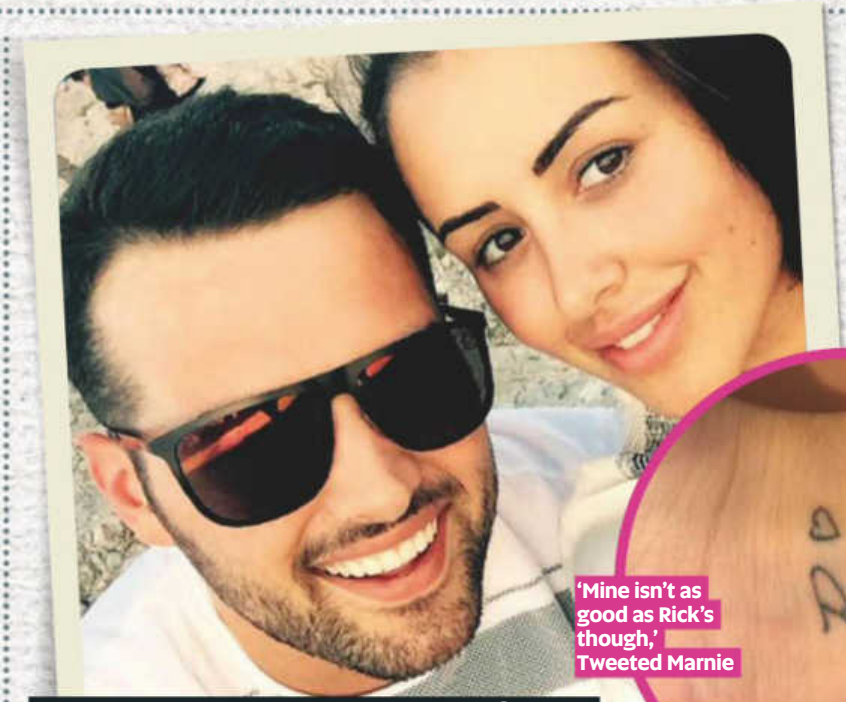
Caitlyn: 'I wanted to end my life'

The much-awaited first episode of I Am Cait airs on E! this week – and it's set to be *amazing*. In it, Caitlyn Jenner, 65, reveals there was a point where she considered ending her life, saying: 'I've been in my home with a gun and said: "Let's end this right here."'

Her mum Esther, 88, who's filmed meeting Caitlyn for the first time since her gender transformation, recalls the day when she took Bruce – as Caitlyn was known – to the store as a child and he refused to wear the clothes she picked out for him. A teary Esther reveals: 'He's a very good-looking woman. It's going to take a lot of getting used to.' Cait's sister Pam adds that a young Bruce confided in her about his feelings over 30 years ago.



Don't miss Esther Jenner's reaction to Cait's transformation on E! at 9pm on 2 August



'Mine isn't as good as Rick's though,' Tweeted Marnie

MARNIE MAKES IT OFFICIAL – WITH A TATTOO

As if accepting his marriage proposal wasn't symbol enough of her commitment, Geordie Shore star Marnie Simpson has had new fiancé Ricky Rayment's initial tattooed on her arm a month after he inked the letter 'M' on his. The loved-up couple announced their engagement on 30 June following a whirlwind six-month relationship – but first revealed their tattoo plan to Now back in April.

When asked in our exclusive chat if they'd be getting matching ink, Ricky, 24, told us: 'We've spoken about it.' He then revealed a pic of his tatt on Snapchat in June – and now, Marnie, 23, has returned the favour. Because it doesn't count unless you say it with matching tatts, right guys?

Words: Kelly Allen. Photos: Capital, Wenn

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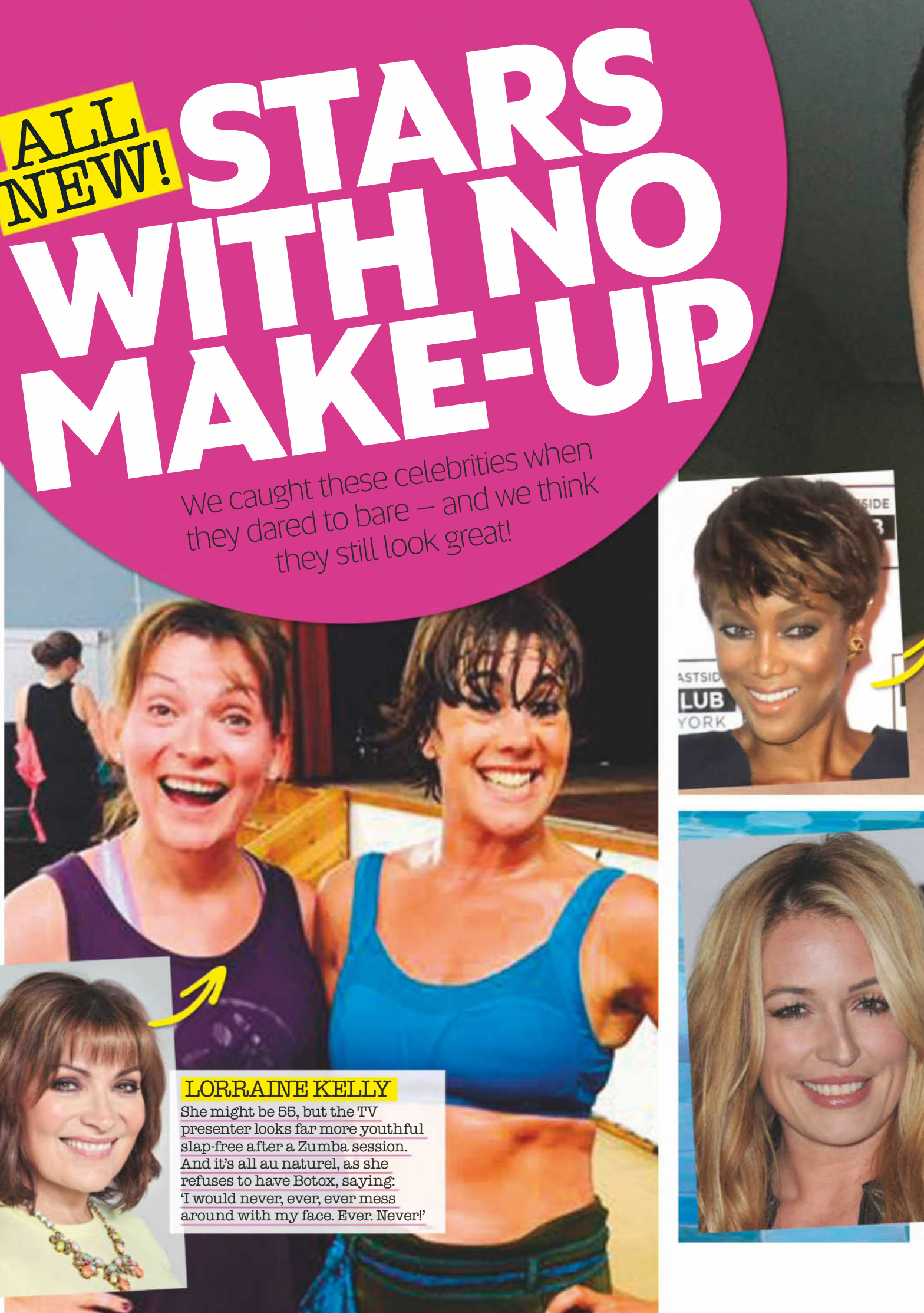
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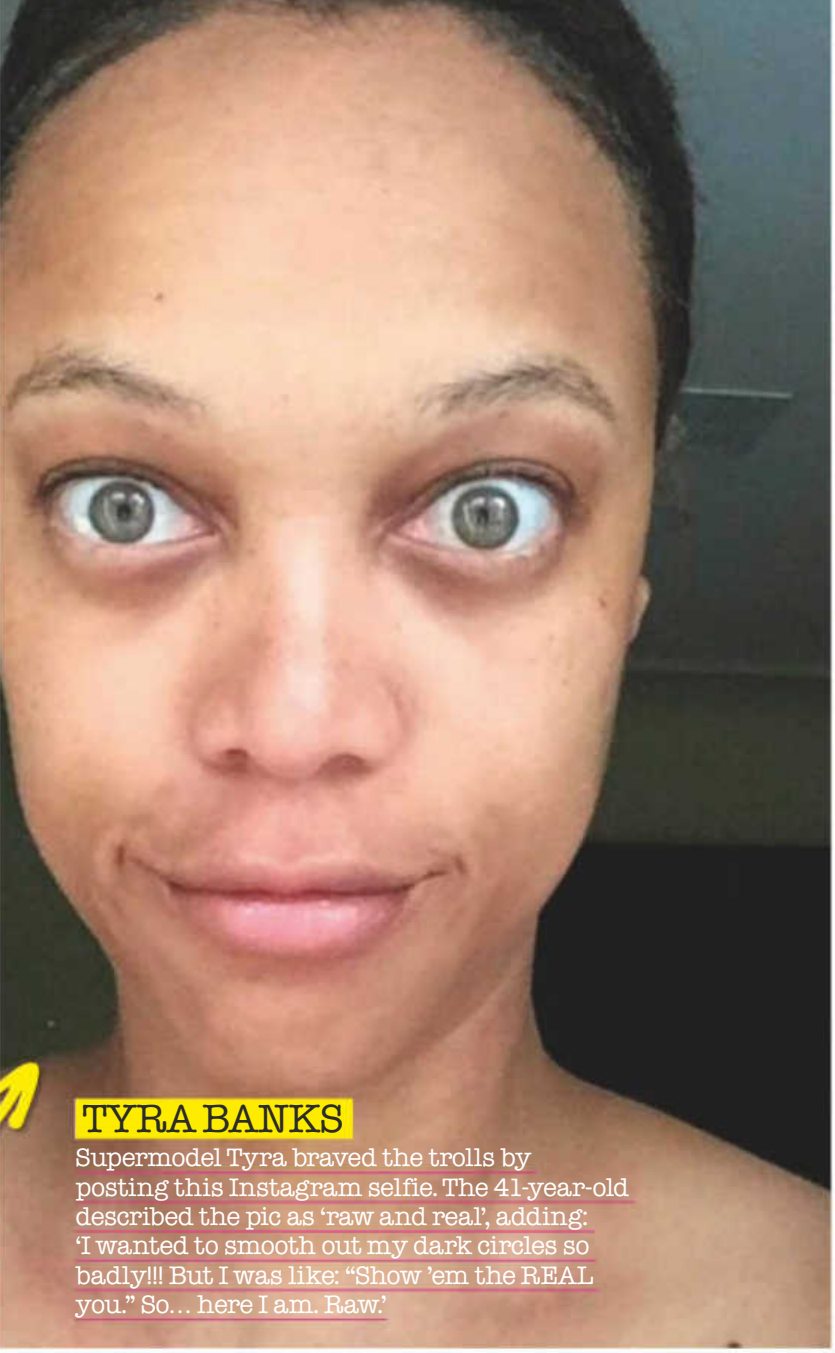
STARS WITH NO MAKE-UP

We caught these celebrities when they dared to bare – and we think they still look great!



LORRAINE KELLY

She might be 55, but the TV presenter looks far more youthful slap-free after a Zumba session. And it's all au naturel, as she refuses to have Botox, saying: 'I would never, ever, ever mess around with my face. Ever. Never!'



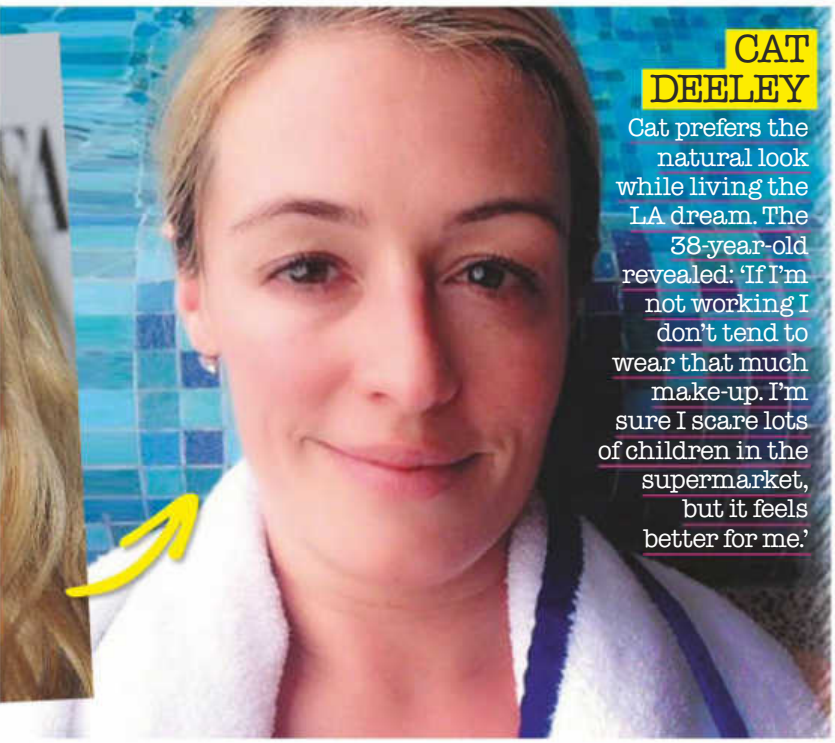
TYRA BANKS

Supermodel Tyra braved the trolls by posting this Instagram selfie. The 41-year-old described the pic as 'raw and real', adding: 'I wanted to smooth out my dark circles so badly!!! But I was like: "Show 'em the REAL you." So… here I am. Raw.'



HOLLY WILLOUGHBY

Holly, 34, looks fresh-faced as she goes for a jog minus the make-up. The presenter says: 'I drink a lot of water and when I do, I notice a huge difference in my skin.'



CAT DEELEY

Cat prefers the natural look while living the LA dream. The 38-year-old revealed: 'If I'm not working I don't tend to wear that much make-up. I'm sure I scare lots of children in the supermarket, but it feels better for me.'



NATALIE DORMER

Game Of Thrones star Natalie, 33, reveals how she keeps her complexion looking healthy. 'I'm pretty balanced in what I eat,' she says. 'I also drink a ton of water. The old rules are best – every woman knows that. And I love to sleep. I can catch an extra 20 minutes anywhere.'

TURN FOR MORE

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STARS WITH NO MAKE-UP



JULIA STILES

The Bourne Ultimatum actress is barely recognisable in this make-up-free snap. Julia, 33, admits: 'I love the sun, which isn't good for your skin, but I try to get oxygen facials every other weekend. They're amazing. Your skin feels like a baby's afterwards.'



HOLLY HAGAN

The Geordie Shore star has not only dropped more than 3st – she's ditched the OTT make-up too. Holly, 23, has admitted: 'Throughout school, I'd be distraught if anyone caught a glimpse of my bare face. No one ever saw the real me.'



SOFIA VERGARA

The 43-year-old Modern Family actress's skin is flawless thanks to always wearing sun cream – but she hates being seen minus her make-up. 'Latin women are taught to put themselves together so I don't like going out without lipstick or blush or mascara,' she admits.



FEARNE COTTON

The TV presenter, who's expecting her second child, certainly has that pregnancy glow. And when the 33-year-old can't be bothered with make-up, her top tip is: 'Sunglasses – super-chic and they cover a multitude of sins!'

HER STYLE

Kylie Jenner has the Jendashian look nailed



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Words and styling: Anna Woodham. Photos: PA

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DEMI 'IN SHOCK' OVER POOL DEATH

Demi Moore has spoken of her 'absolute shock' after a man drowned in the pool of her LA mansion. Edenilson Steven Valle's body was found lying at the bottom of the pool on 19 July. The actress described it as an 'unthinkable tragedy'.

Police are investigating the death of the 21-year-old, who's believed to have been a member of the household staff. It's thought he may have fallen into the pool during a party.

Demi, 52, and her daughters, Rumer, 26, Scout, 24, and Tallulah, 21, weren't at the house at the time of the tragedy. The actress released a statement saying: 'My heart goes out to this young man's family and friends. I was out of the country [meeting] my daughters for a birthday celebration when I got the devastating news.'



The Moore girls loved hosting pool parties at their LA home



Demi with daughters Tallulah (left) and Scout



MARIAH'S HEEL HEAVEN

Mariah Carey left us green with envy by posting a pic of her massive shoe collection. The singer, 45, has a shoe-drobe – thought to be in her Tribeca, New York, home – that would leave even Carrie Bradshaw salivating. Mariah captioned it: 'Always my favorite room in the house... #shoes #shoes #moreshoes'. Sure you've got enough gold heels, Mimi?

Mariah clearly agrees: you can NEVER have too many shoes



Laverne & Caitlyn finally meet!

Transgender stars Caitlyn Jenner and Laverne Cox have met up after months of swapping messages – and it looks like they may be NBFs. Orange Is The New Black actress Laverne, 31, shared a snap of herself with Caitlyn, 65, saying: '@caitlynjenner and I finally met in person at a special private advance screening of #IAmCait. #TransIsBeautiful #girlslikeus #caitlynjenner.'

TURN FOR MORE


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GWYNETH & CHRIS'S COMPLICATED UNCOUPLING

Even though Gwyneth Paltrow, 42, and Chris Martin, 38, decided to 'consciously uncouple' in March 2014, the couple still hang out together for the sake of their children Apple, 11, and Moses, nine. Gwyneth admits: 'It's been hard and we've gone through difficult times, but we've always said the children are our priority.'

Gwyn says her kids' happiness is the most important thing



With Chris two months before the split

Katy & John to become parents?

They've been on and off more times than we can count, but now that Katy Perry's back with John Mayer once again, it's rumoured this time they're talking babies! US sources say Katy, 30, is keen to start a family with John, 37, despite his apparent reluctance to settle down. An insider reveals: 'She wants to build that dream life'.



They say Katy's keen to start a family – but is John up for it?

5 Second Stories



Bieber's buff bod

First he showed off his pert bum – now Justin Bieber has been flaunting his abs on Instagram, too. The 21-year-old popster, who's modelled for Calvin Klein, showed off his boxers as well as his taut torso in the snap. Whatever next, Biebs?

Don't mess with Mila



Mila Kunis has revealed she keeps a gun in her home. The 31-year old actress admits: 'I probably wouldn't have the gun if I didn't have stalkers or people constantly trying to break into my house.' Yikes.





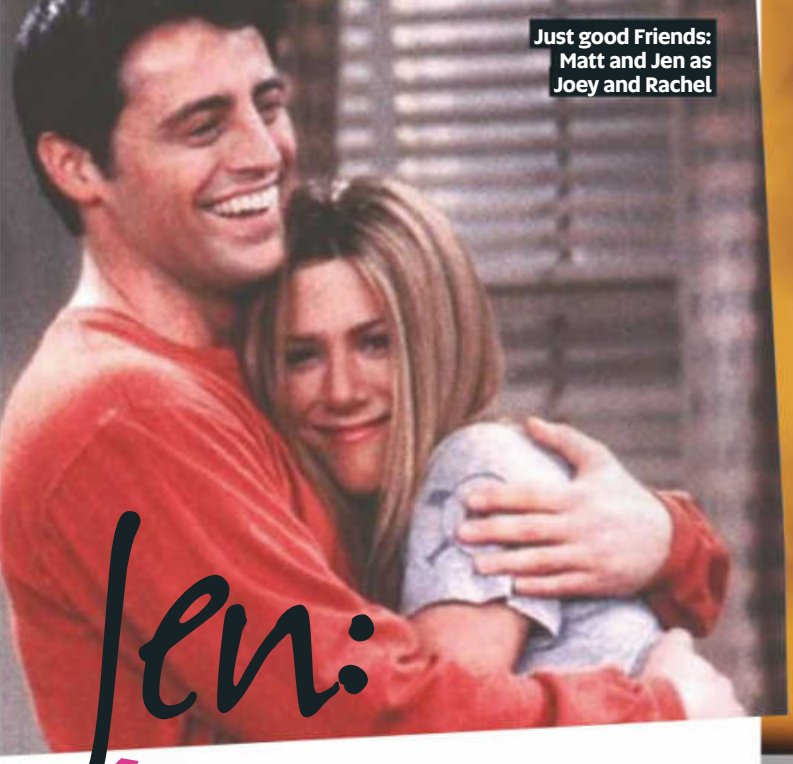
Ariana nails it

Ariana Grande, 22, posted this throwback pic of herself as a toddler, saying she 'nailed it'. With hashtags dedicated to her cheeks, hat and outfit, we agree!

Words: Amy Lo. Photos: PA Photos, Rex



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Just good Friends: Matt and Jen as Joey and Rachel



Jen: 'I NEVER CHEATED ON BRAD!'

She denies she had an affair with Friends co-star Matt

It seemed like a case of life imitating art when Matt LeBlanc's father Paul sensationally told a US magazine that his son had said: 'How you doin'?' to Jennifer Aniston and that they'd had a secret relationship while co-starring in Friends. Matt's dad claimed the couple, who played Rachel Green and Joey Tribbiani on the hit show, had a secret affair while Jen was married to Brad Pitt.

In a recent interview, Paul made unsubstantiated claims about 'The One Where Rachel and Joey dated in Real Life', alleging: 'Matt had fun, that's for sure. He even had a relationship with one of the girls... Jen. They would make out in the dressing rooms. He told me about it – it was when she was married to Brad Pitt.'



Paul claims his son Matt is a 'control freak'

But Jen, 46, has come out fighting, blasting the accusations as '100 per cent false'. Her spokesperson said: 'Jennifer has never had a romantic or sexual relationship with Matt.'

Friends ran from 1994-2004 but Paul, 73, who's estranged from his son, couldn't confirm exactly when Matt and Jen were allegedly an item. Jen was married to Brad for five years from 2000, but they split after he met Angelina Jolie while filming Mr & Mrs Smith in May 2004.

'THEY MADE OUT IN DRESSING ROOMS'

Brad's admitted he fell in love with Angelina while making the film, seven months before he split from Jen.

Meanwhile Matt got married to former model Melissa McKnight in 2003, after being together since 1997. They split in 2006.

Friends fans will know that Jennifer and Matt's characters Rachel and Joey did briefly date during season 10. The pals kiss when the gang all go to Barbados but they discover that Ross feels weird about it and, after a couple of failed attempts to consummate their relationship, they decide it's better for them to remain friends.

Paul also alleged that Matt, 47 – who currently stars in BBC comedy Episodes – wasn't a fan of Matthew Perry, 45, who played Chandler Bing. He claimed Matt thought he was an 'asshole' and that he sometimes wanted to 'pound on him'. Say it ain't so!



Beginning of the end: Jen and Brad around the time he met Angelina Jolie

Words: Lucretia Munro. Photos: Rex

The Great British Bake Off

IT'S BACK!

1,600 eggs, 36 kilos of chocolate and 15 different types of alcohol – it must be GBBO time! We meet judges Mary and Paul and hosts Mel and Sue for all the bake-off goss...

MARY & PAUL

Mary: 'World's sexiest woman? My husband laughed himself silly!'

It's already being billed as the most fiercely fought contest yet. As The Great British Bake Off returns for a new series on BBC1 we catch up with judges Mary Berry, 80, and Paul Hollywood , 49, as well as hosts Mel Giedroyc , 47, and Sue Perkins, 45, to find out what we can expect from the contestants, what they really thought of the 'bin gate' saga – and how Mary feels about being voted one of the world's sexiest women!

Welcome back! So tell us about this year's bakers...

Mary: The new set of bakers had already watched five series so they knew what was expected of them. They're first-rate bakers and they're all out to do their best.

Paul: They were very professional and very, very good. This year, the bakers were confident and the flavours they introduced were unusual.

Millions tuned in last year – do you feel under pressure to change the show to make it even better?

M: No. We do this show because we love it. It's lovely to know all age groups watch it and learn from it, so we're sticking to the same wonderful format.

Do the contestants get on or is there any rivalry?

M: They kept themselves separate at the start but by the third week one was comforting another if someone was upset. They become a team and they enjoy each other's company. It's



This year's bakers are raring to go



‘Whatever Mary wears, it’ll sell out’

TURN FOR MORE



'...and I'm finishing it all off with a Marmite-coated pineapple'

a good lesson for life.

P: They were competitive at the start. Don't forget, they're protected in the tent. There are a few people who get to know them in the filming weeks, then there's a gap and then it airs – then *everyone* knows them! They won't know what's hit them when that happens.

But do they make mistakes? They can't all be perfect.

P: Yes – on the technical challenge they all wait for someone to start, then pass the baton on. They all end up doing the same and if someone goes wrong they all go wrong! They were more nervous this year.

M: We always tell them to read the recipe. They need to be able to visualise it. That's worth its weight in gold.

'I'm far too busy for Strictly'

What was the trickiest week?

P: Victorian week. We gave them ingredients they used back then.

M: Yes – they don't have things like soft butter.

Can you spot the winner early on?

M: In the early days I used to say: 'Oh, I bet she'll do well,' but now I don't think like that because there are just so many surprises.



Iain Watters got the boot when he binned his baked Alaska

So Mary, how did you feel to be voted into FHM's Top 100 Sexiest Women?

M: Oh, my husband laughed himself silly! But he always tells me to do whatever keeps me happy and you couldn't have a nicer job than being on Bake Off.

Were you shocked by 'bin gate' last series [when Iain Watters threw his baked Alaska in the bin after Diana Beard took it out of the fridge and it melted]?

P: The furore was ridiculous. It made headline news. The evil of social media was to blame.

M: Talk to the two individuals involved and they'll both tell you it was a huge mistake.

P: The reason it kicked off was because he threw it in the bin.

Paul, everyone goes on about bread week. Do the contestants get very nervous facing you?

P: They probably do get worried. They're going into an area that I know about so they tend to feel more scared, but this year's bread week was a game changer. It's the hardest thing to master.

Mary, you've become known for your fashion style...

M: I do love going shopping. I can't pass a shop without going inside.

P: Whatever Mary wears, it's immaterial – it'll sell out.

Do you think the show makes a difference to people's lives?

M: When people watch the show, everybody will find something that's going to make them laugh. It's a very happy show. Everyone can watch it – whether it's a 10-year-old or a grandmother.

Were Mel and Sue well-behaved this series?

P: They were full of their usual innuendo. But bring it on! I laughed so much.

You're both so busy. Do you ever have time off?

P: I do – in August. Junior Bake Off is filmed in then and that's why I stopped doing it – it's the only time we're together as a family.

M: I'm going away with my family this year for two weeks.

Any new celebrity fans?

M: Chris Evans loves the show.

P: And Keira Knightley told me she didn't want to go to her premiere when she found out it was the same night as the Bake Off final!

Paul, would you consider joining your mate Chris on Top Gear?

P: No, baking's my job. Cars are my hobby.

Is there anything you'd still love to do, Mary?

M: No, I love Bake Off so much. It's the one time in the year where you can absorb yourself with your family.

Paul, fancy Strictly this year?

P: No, I've got too much on!



Recipe

This series the bakers have used

- Over 150 kilos SUGAR
- 4 kilos SALTED BUTTER
- Over 20 litres MILK
- Approximately 50 litres CREAM
- 26 kilos NUTS
- Nearly 20 different types of flour, including almond, hazelnut and quinoa
- 7 different types of nuts
- 30 different types of fruit including marula and goji berries

Over 1,600 EGGS

Over 130 kilos FLOUR

36 kilos CHOCOLATE

Butter

Over 91 kilos UNSALTED BUTTER





Mel attempts to get the toffee out of her teeth



'Um, chocolate chips? No, not seen them...'

Everyone loves Bake Off! Do you feel under pressure this year to make it even better?

Mel: It feels like we're in our own bubble when we're making the show, so it's very hard to contemplate viewers watching it and anyone making a judgement on it.

Sue: It's a show we all believe in, so we'll carry on doing a show we love. I'm always shocked when the show goes out and there's a whole hoo-ha!

M: Yes, it's like we're in another land.

S: We want to create a show that's fun and everyone can watch.

Are the bakers this series the best yet?

M: They're great.

S: They're a lovely bunch and get on well with each other, which is important. We stand back and watch them chatting. Sometimes the funniest stuff comes from them!

Do the contestants get starstruck on set?

S: Yes, by Mary and Paul. They're the ones they have to impress.

Did you feel sorry for Richard Burr last year when he got pipped to the post?

S: I felt for Richard. He was very talented but he did spectacularly badly on the last one. Nerves got to him. You see a lot of people bubbling under the top spot and then they come into their own at the end. The most famous one was Jo Wheatley [winner of series two] – she nearly went out at one point!

Have you got stuck into the cakes this year?

M: Yes. It's episode four that always gets me. I just crack.

S: You can see from series one I'm now twice the woman I was!

Do you both bake?

M: Yes. I made 75 profiteroles recently, which I tried to make into a wizard's hat.

S: If we're not going around with Mary and Paul, I'll go away and prep a bit, then make brownies. I cook what the crew love.

What's your favourite week on Bake Off?

M: Savoury week.

S: I don't like pie week, as I don't eat a lot of meat, but I love bread.

Are you still as obsessed as us?

M: I love it. When we come to film each year, it's as if no time's passed. It's such a big part of our life now. It's always a joy.

S: We all love it but it's getting harder to wrest puns from baked goods!



Last year's favourite Richard failed to rise to the top

People bake to relax – what do you like doing to chill out?

M: Being nude in the dark and wandering around!

S: You do that to relax? I do cage fighting. It gets rid of all my spare adrenaline!

Finally, what box set have you all watched during filming? We know you normally watch one...

M: We're watching The Prisoner.

S: Paul gets sidetracked on motor racing, but it's three against one!

The Great British Bake Off returns to BBC1 at 8pm on 5 August

Words: Christine Smith. Photos: BBC



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ALL THE GOSS
IN THE STYLE PARTY
AND ALL THE ACTION

The stars were out in force for the In The Style party in association with Now. Charlotte Crosby brought Chloe Ferry and Marnie Simpson, with fiancé Ricky Rayment, while we spotted TOWIE's Peter Wicks snogging newbie Verity Chapman. Everyone hit the dancefloor when Lauren Pope took to the decks, while Josie Gibson had to rush to the loos after a reaction to a lip-enhancing gloss! But the biggest hit was Katie Price's arrival with hubby Kieran Hayler. Here's all the goss...





Carol hadn't seen former CBB bezzies Charlotte Crosby and Louie Spence since her cancer diagnosis last year



Her fiancé of six years Mark has supported her through the treatment

REUNITED AND IN REMISSION

Brave Carol McGiffin parties hard with her former Celeb BB housemates following a year-long breast cancer battle

Carol McGiffin enjoyed her first night out after bravely battling breast cancer for the past year. The former Loose Women presenter was diagnosed with a highly aggressive tumour in April 2014. Carol, 55, had a mastectomy, six rounds of intensive chemotherapy and 15 sessions of radiotherapy – all behind closed doors as she 'didn't want any sympathy' – before finally opening up about it in February.

Now in remission, Carol couldn't contain her joy at getting glammed up again as she made her first red carpet appearance since ending her treatment in December. Stepping out at In The Style's Summer Party with Now at The Drury Club in London with fiancé Mark Cassidy, 32, by her side, Carol told us: 'It's just so good to party and get out again. I'm having a great time! It's so funny though – there are so many young people here.'

'IT'S GOOD TO PARTY AGAIN!'

The party also saw an emotional reunion for Carol with Charlotte Crosby, 25, with whom she struck up an unlikely friendship after they met in the Celebrity Big Brother house in 2013. Carol told us: 'This is the first time I've been able to see Charlotte in a year.'

Despite having to go for routine check-ups over the next five years before she gets the all clear, after spending so long 'feeling like she couldn't go out because people would stare and notice she was ill,' it's great to see Carol smiling again.

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JAKE: 'Chloe's the only girl I've slept with in seven years'

TOWIE's Jake Hall has been branded a 'cheat', a 'rat' and even an 'arsehole' but the 24-year-old thinks he's been unfairly judged over his on-off relationship with Chloe Lewis, 24. Despite being linked to Lindsay Lohan and Ellie Goulding and kissing co-star Verity Chapman, Jake says the cheating allegations are completely untrue.

He exclusively told Now: 'They all make me out to be this bad person. But I'm not. They don't know the real me. I haven't slept with anyone other than Chloe in the past seven years.'

ALL THE GOSS
IN THE STYLE PARTY
AND ALL THE ACTION



Jake and Chloe have been together on and off since they were 17

VAS: 'Gemma's a total bitch!'

TOWIE's most stylish man Vas Morgan admitted to us: 'It's been the darkest series yet. It's been horrible... there hasn't been much fun and everybody hates each other!' Vas, 25, also blasted Gemma Collins, telling us: 'She's been a complete bitch and the other girls have been so vile to Verity and Lauren, but it's because they're jealous that they're so beautiful.'



'Everybody hates each other!'

CHLOE: 'I put on 2st'

Geordie Shore newbie Chloe Ferry admitted to Now that she's piled on the pounds since joining the MTV show. She told us: 'Since filming, I've put on around 2st. I'm now on Raspberry K2 Ketones and trying to diet. The other girls have absolutely amazing figures – I'm the fattest.' But the 20-year-old is taking inspiration from her castmate Charlotte's body transformation, saying: 'Me and Charlotte did her DVD together. It was really fun.'



Chloe, who joined the reality show in April, still looks pretty hot to us!

Words: Kelly Allen, Joshua Fox, Lucy Comall and Amy Lo. Photos: Vincent Dolman, Goff, Rex, Photoshot, Xposure

THE BIG INTERVIEW

KATIE HOPKINS

'My terror at life-threatening brain surgery


With Now's Josh

Prepare to be totally shocked. 'Britain's most hated woman' Katie talks to Now – and we have to warn you, it's her most outrageous interview ever. If you're easily offended, look away now...


With her children (l-r) Poppy, nine, Maximillian, six, and India, 11

Weakness isn't a word you'd use to describe acid-tongued columnist Katie Hopkins, who hits the headlines almost every day. The outspoken Apprentice and Celebrity Big Brother star is infamous for her cutting comments to celebrities, vile remarks about Ebola and branding migrants as 'cockroaches'. But beneath the breeding of hate and exploiting of insecurities that mum of three Katie, 40, is known for, she's fighting her own fears that could see her family facing a future without her.

'I'll get my work and TV show out of the way before my open-brain surgery,' she tells Now in an exclusive interview. Katie developed epilepsy more than 20 years ago and is now considering undergoing a procedure that would stop her seizures for good. 'There are a lot of risks with it, but I keep telling myself I'll be OK,' Katie tells us as she prepares for the launch of her latest venture, a debate TV show titled If Katie Hopkins Ruled The World.

So Katie, tell us about your show.

The idea is to make some new rules for life to make it better. Some will come from me, some from my celebrity guests – and some from the studio audience, which I'm the most excited about.

What sort of rules would you like to introduce?

A good example for me is one that says all mums dropping their children off at the school gates in pyjamas should be banned from Marks & Spencer. Or if you're using a zebra crossing, you have to run rather than walk. You're not The Beatles – c'mon, chop, chop. Imagine if Katie Hopkins did actually run the world...

Erm, some people may see you as more of a dictator than a leader, Katie...

Kim Jong-un [laughs]? I'm definitely not that. I'd love to get into politics, but recognising that no party would ever have me I think this is my best stab at it.

Who would you have alongside you if you did decide to start a political party?

Boris Johnson – mostly just to have him near me so I feel good about my life. I actually had my son's hair styled like his just so it looked like Boris was the dad in some hopeful way. I do stalk him



on a regular basis actually and last time I saw him at an event I said: 'I'm here especially to get you to marry me.' He then asked me whether I'd told his wife.

Are you friends with him?

I'd like to say that I am, but I don't know if he'd agree! He did once say he's a fan of my work, though – which wasn't really what I was hoping for. I'd rather he was a fan of my body.

It was reported that no celebrity guests actually wanted to appear on your show because you're so unpopular?

I have no idea where that came from. We have more guests than we can get on the show and more audience than we can fit into the studio. It's the audience I'm more interested in, rather than the celebrity nonsense. They're more my kind of people.

'TAXI DRIVERS OFTEN SEEM TO LIKE ME'

Do you get a lot of support from the public?

The internet is different, but in real life I do, which is nice – mainly from taxi drivers, builders and those sorts of people. Not in a sexual way, although some of them do flirt in jest. Mainly they just say: 'Can I get a picture to piss my girlfriend off cos she hates you?'

We saw you were recently hacked on Twitter...

[Interrupts] Don't you laugh. It wasn't funny and you're a twat. It happened on Father's Day and all the family were round and I was cooking a roast dinner for 10 people – which is quite a sweaty procedure anyway – and then in the middle of it I kept getting all these people calling to tell me that my Twitter account said 'Katie Hopkins loves it up the arse.' Whether that be true or not... [laughs]

What did your family say?

I didn't tell them. I had my 98-year-old grandad there – who I buy meals for so he's always got something nice in to eat – and these family days are what I love most. So we just had lunch and then sat in the garden chatting and laughing.

The hackers also threatened to release a sex tape of you. Were you scared they might have one?

No – but I loved the idea that people thought there would be this crazy Hopkins sex tape that would be gruesome. I think because of the field thing [Katie was photographed having sex in a field in 2007 with her now husband Mark Cross, 50] people assumed it could be possible. I know everyone would have watched it if there was, just for the weird grossness.

So there's nothing on your iCloud you're worried about ever leaking?

[Laughs] Maybe! I always say if you've got a sex tape, don't be surprised if it leaks. People think they can shame me by Tweeting those field pictures, but I don't mind it – I'm proud of them.

Do you ever fear you'll be targeted in real life rather than just online?

No. Online they'll come from every direction and phone social services and hack your files – but in real life I imagine the people that hate me just ignore me.

You've previously said your house has a panic button that's linked to the local police station – is that still the case?

It was, but not any more. I got some criticism for it at the time because people thought I'd requested it, but I didn't. I guess once you're above a certain radar they'll fit an alarm – but they've taken it away now.

Do you worry sometimes that your controversial comments

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With her devoted husband of five years Mark

and career are putting your family at risk?
Nah, we're just a normal family with regular children who have regular mates. For my daughter India's 11th birthday all she wanted was a bicycle and a pair of Crocs – no iPad or mobile phone – which I was chuffed about. It makes you think you've done something right. Obviously she might turn into a drug taker at 14, but for now she's alright. People like to imagine differently, though.

Have your children ever experienced any negativity due to your public image?
A child from another school came up to my daughters in a playground once and said: 'My mum hates your mum.' And then we spoke about it normally and it was fine. My younger daughter Poppy said: 'It's OK, Mummy, you speak your mind but not everybody likes your mind.' They get it.

Could you protect yourself if somebody did threaten you physically?
No, I've never had a fight in my life. I'd go down straight away if they twatted me – so if that's winning, they've won. I'm more likely to try to take them out verbally by shouting at them.

Do you ever regret any of the outspoken comments you've made?
I have no regrets about anything I've written or said – or about any fields I've been in.

What about when you recently branded Dan Osborne and Jacqueline Jossa's daughter Ella a 'hairy spider'?
It's just a baby and Jacqueline put the pictures of her out there. I thought it was funny. They shouldn't come out that hairy – and all I said was I don't like hairy babies. It's like ginger babies; they're harder to love, too. No woman wants a ginger baby. My advice is all women should get their men to grow a beard first so you know where you stand.

'GINGER BABIES ARE HARDER TO LOVE'

Ouch! Would you say you're a bully?
No, and I'm worried about the word 'bullying'. I think it's very overused.

Have you ever been bullied?
No, but I've heard stories where it's been so hideous for people that they haven't been able to think of any other option than suicide. *That's* when the word should be used, not with all these YouTube vloggers who were once called a twat at some point in their life and now say they're victims of bullying so that they resonate with every teenager in the land. They need to get over themselves.


Katie will be fully conscious when doctors operate on her brain

So you're not a fan of Zoella and the new generation of web celebrities with their millions of subscribers?
No, especially not the whole 'I've been bullied, now watch me put on some make-up on I've bought from MAC'. Zoella is the shittest of the whole lot.

Eek! We hope she's not reading this! What's your biggest fear in life, Katie?
Later in this year at some point I'll probably have open-brain surgery to help with my epilepsy. It's nocturnal so I only suffer at nights, in case people are wondering why I'm not fitting all over the place. During the surgery I have to talk and move my left hand and left leg while they're operating – because where they go in [to the brain] is near those things. So that's a fear, but it's only a physical fear, so I need to man up a bit.

How scared are you?
There are many risks with it, so I'll get the show out of the way first. Sometimes people imagine my life is like 'ta-dah!', but everyone has their things and this is mine. That's OK, though. It'll be OK. Can you hear how many times I keep telling myself it'll be OK? It *will* be OK. I'm just scared of that moment when I'm talking and I know my brain is exposed. It's like: 'F***!'

Do you have any other fears?
The rest of them come down to being a mum – that my children are safe and they haven't got run over and that no one's nicked them and driven off with them. They're my everyday fears. I say to my children: 'Watch when you cross the road; don't get into anybody's car. If someone drives up and says: "Your mum really needs you to get into my car," what do you say? You say: "Bugger off!"'

If Katie Hopkins Ruled The World starts on TLC at 10pm on 6 August

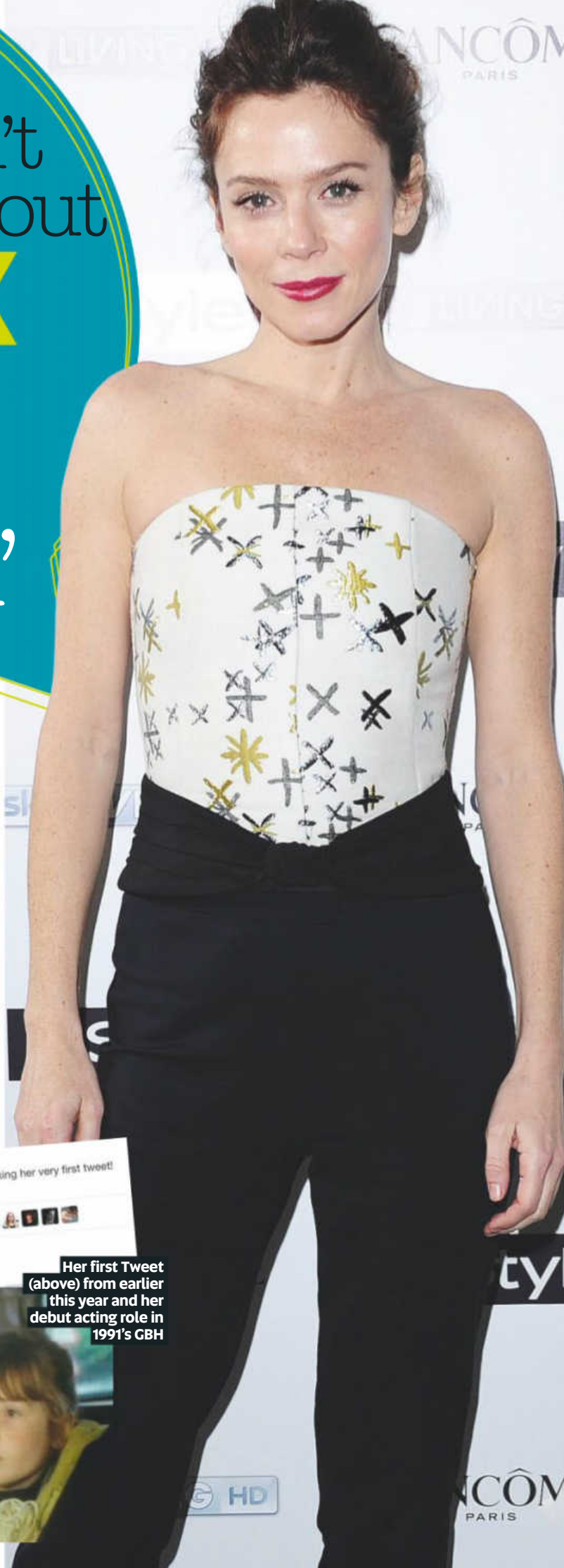

Jacqueline Jossa was furious when Katie was rude about her baby

Katie hasn't got much time for Zoella or web celebs in general

Words: Joshua Fox. Photos: Dan Kennedy/Discovery, PA, Rex, Solo Syndication

11 Things you didn't know about Anna Friel

'I was crying with pain'



Getting in shape for her Odyssey role proved Anna's toughest challenge yet

She had soap's first lesbian snog

Anna's pretty much a record breaker. As Beth Jordache on Brit soap Brookside in 1994, the actress, now 39, locked lips with her co-star Nicola Stephenson – and caused a storm. It was the first pre-watershed lesbian snog on UK TV. Anna revealed: 'Kissing a man is just as hard as kissing a woman. At least I've had the excuse to kiss a woman now.'

Her baby struggle

When she was 28, Anna was diagnosed with endometriosis, a condition where the cells lining the womb migrate to other parts of the body. After being rushed to hospital with a ruptured ovarian cyst, Anna revealed: 'One doctor told me it would be very hard if I left trying for a baby beyond the age of 30.' Luckily, in 2005 Anna gave birth to daughter Gracie with her partner, actor David Thewlis. Sadly, she and David split in 2010, saying that their relationship had become more of a friendship. Anna admitted: 'We both sat down and said: "This isn't working any more."'

Fruit obsession

Anna's love of bananas led to her acquiring a quirky nickname. In 2009, she revealed: 'I eat three bananas a day, every day. On set they call me Anna Banana.' She added: 'I'm obsessed. If I'm tired, they make me feel better.'

She had her first taste of fame at 13

Anna had just hit her teens when she bagged the part of Susan





Her first Tweet (above) from earlier this year and her debut acting role in 1991's GBH



Anna's a huge fan of Tom

Nelson in Channel 4's 1991 mini-series GBH. The seven-part UK drama also starred Michael Palin, Julie Walters and Robert Lindsay. Not a bad acting debut!

A diet too far?

In 2013, fans were left shocked by Anna's gaunt appearance when she turned up to a London premiere looking thinner than ever. When she moved to LA in 2008, Anna admitted to trying a diet that involved replacing solid food with 12 daily cups of maple syrup mixed with cayenne pepper and lemon juice. 'I feel so much better and my skin has really benefited,' she said at the time.

She's a social media newbie

Unlike many celebs, Anna isn't huge in the world of social media and only sent her first Tweet in April, to Odyssey co-star Jake Robinson. She wrote: '@JakeRobinsonAct Hey it's your co-star making her very first tweet! Thinking of you.' Describing herself as an, 'actress, mother, activist, friend & lover', Anna has admitted that Twitter is 'overwhelming'.

Her stay-youthful secret

It might sound strange, but Anna's revealed that she stays looking young with a £600 'vampire facial' treatment, which involves taking blood from her arm and re-injecting it into wrinkle-prone areas of skin. Anna says: 'It's like they take your blood and they mix it up and separate it. It's really scientific and natural but it makes a difference.' She does, however, steer clear of Botox. 'As an actress my face has to move,' she says.



She went out with Rhys Ifans before they split last year



With David Thewlis, her partner for nine years

Starstruck over Tom

Anna may now be an A-lister but she's still prone to feeling weak at the knees over hunky US actors. Speaking of her encounter with Tom Cruise, she gushed: 'He came to visit Natasha Richardson when we made the film Closer and she invited me to meet him. I was a little dreamy eyed!'

Her hardcore military training for Odyssey

Her toughest role yet, as Sgt Odelle Ballard in thriller Odyssey, took a lot of hard work. To prepare herself Anna says she had a 'real marine who came to the house every single day' for six weeks. She revealed: 'He took me to Windsor Great Park and would have me moaning and crying with pain at points – I'm not going to lie.' She added: 'I've had so many injuries on this show. I had to be pushed and fall more than 22 times. I tore my ligament, my shoulder clicked out and I suffered an abrasion of the cornea.' Ouch!

J-Law's her girl crush

Anna admits to being a big fan of Hollywood star Jennifer Lawrence. In 2014, Anna said of her: 'That's beauty. You look at some of these newcomers and you go: "You've done it right." Her style, her wit – it's all perfect.'



As Sgt Odelle Ballard in TV thriller Odyssey



Her daughter Gracie is now 10

A true romantic

She's kissed her fair share of frogs over the years (hi there, Darren Day!) but Anna doesn't need a fella to take her to expensive restaurants and lavish bars. She says: 'For me, everything is on a kiss.' Revealing what attracted her to boyfriend of three years Rhys Ifans – who she split from last year – Anna said: 'Humour. Absolute bright spirit and fever. Intelligence. Just a love for life.'

Odyssey is on BBC2 at 9pm on Sundays

Words: Lucy Cornall. Photos: PA

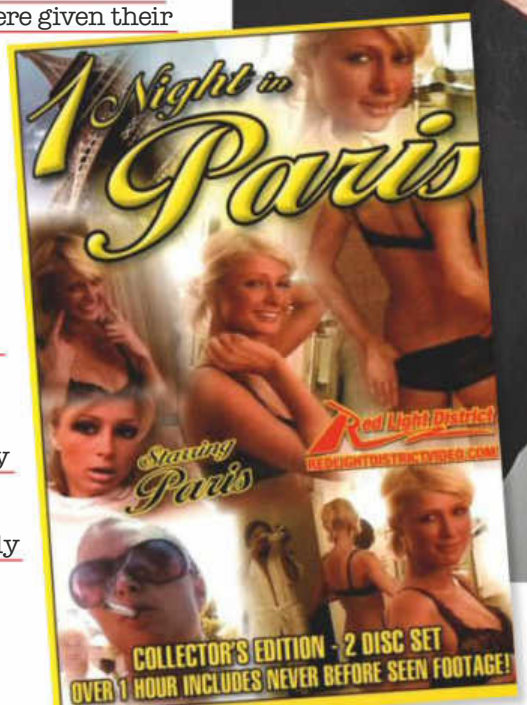
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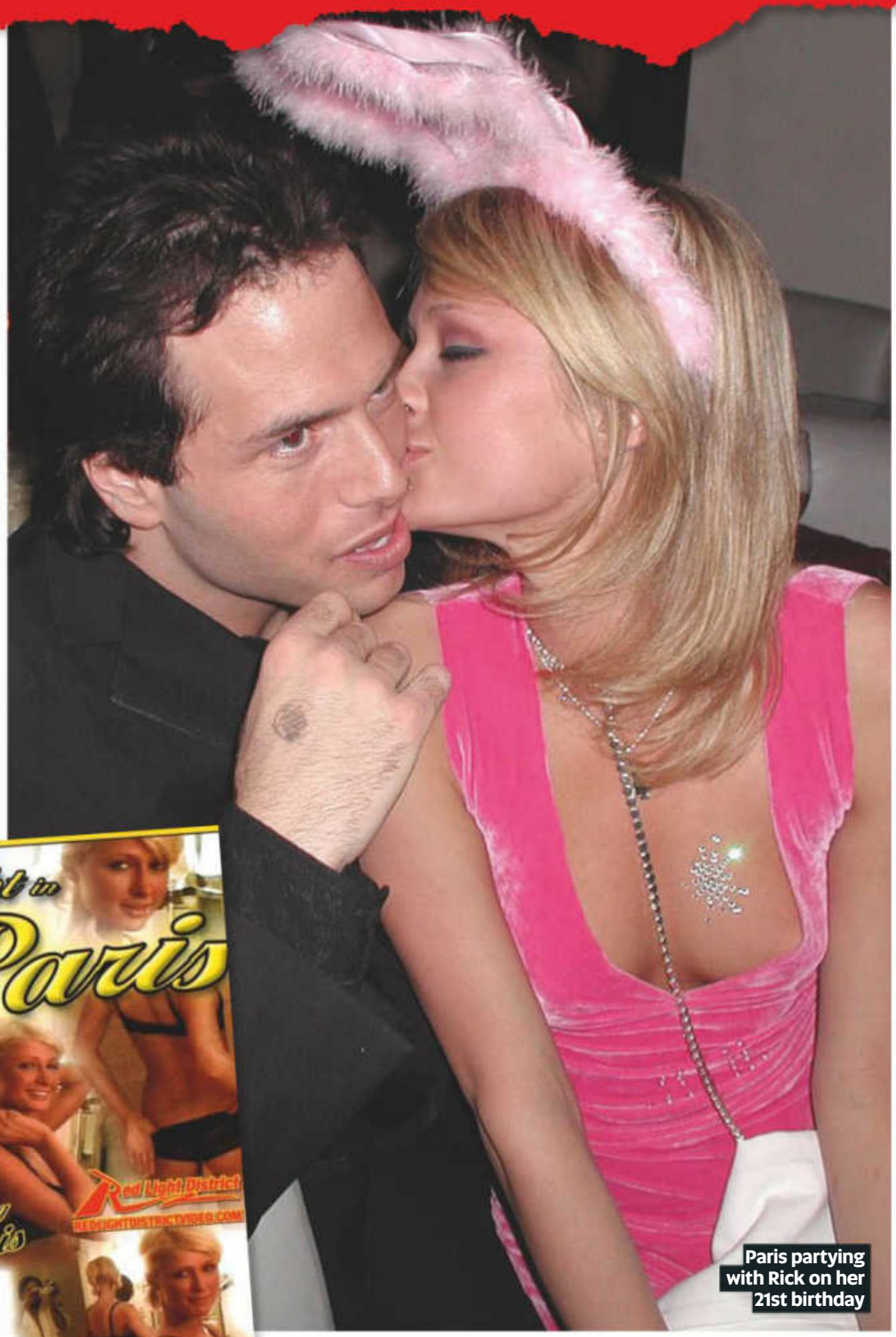
Ooh-er! These celebs have all found themselves caught up in controversy after find

When it comes to reality TV, we're very used to witnessing all the sex, lies and videotapes. Scandals have certainly 'helped' the likes of Kim Kardashian become famous, but sometimes stories surface about celebs even after they've shot to fame. From Sophie Anderton being revealed as a high-class prostitute to Tulisa's shocking sex tape and CBB stars' romps with housemates, we take a look back at some of the biggest sex scandals from the most infamous reality stars.

PARIS'S SEX TAPE

In the early noughties you couldn't open a tabloid without seeing pictures of Paris Hilton posing on a red carpet, falling out of a club with her socialite friends or on the arm of another male millionaire. Paris became so famous that in 2003 she and best friend Nicole Richie were given their own reality TV show The Simple Life. But the following year a four-minute sex tape titled One Night In Paris, filmed by her then-boyfriend Rick Salomon, began circulating on the internet. Paris, 34, denied she'd benefited from the tape, saying in 2006: 'I never received a dime from the video. It's just dirty money and [Rick] should give it all to a charity for the sexually abused or something.'




Paris partying with Rick on her 21st birthday

NDALS

ing fame on reality shows

Busted!

OMG!

WTF?



TULISA'S X-RATED VIDEO

After her X Factor triumph in 2011, Tulisa was dealt a shocking blow in 2012 when her ex MC Ultra (AKA Justin Edwards) leaked a sex tape in which she was seen giving oral sex. Tulisa, 27, was granted an injunction to stop the tape's distribution and won a high court apology from Edwards. Tulisa said: 'I'm devastated... but I'm not going to sit here and be violated or taken advantage of by anyone.'

Tulisa was 'heartbroken' when her ex leaked a sex tape



Kris's privacy was violated when her camera was hacked

KRIS CAUGHT ON 'CLOSET CAMERA'

You'd think that after Kim Kardashian's sex tape with Ray J was leaked in 2007 the family would have ramped up their security. But in April, Kim's mum Kris Jenner, 59, found out that her iCloud account had been hacked and the perpetrators had gained access to her 'closet camera' (er, who has a camera in their wardrobe?), which allegedly had footage of her walking around naked. It's claimed the hackers then tried to blackmail Kris over the video. 'I can't believe there are people in the world who would do something like this,' Kris has said. 'It's so sick and twisted and I just feel so violated.'

TURN FOR MORE

Reality TV SEX SCANDALS

Busted! OMG! WTF?



Model Sophie suffered a major fall from grace



'I never knew how much love and pride I would feel,' Simon said of son Eric's birth

SOPHIE'S DOWNFALL

She was once the most famous model in Britain, with her Wonderbra adverts were plastered everywhere in 1996. And Sophie Anderton soon became a reality TV regular, appearing on Celebrity Fear Factor UK, Hell's Kitchen, I'm A Celebrity and Celebrity Love Island. But in 2007 a national newspaper sting exposed her taking cocaine and offering to sleep with a fake sheikh for £10,000.

Two years later she admitted that, in 2004, she'd charged businessmen £15,000 an hour for sex to fuel her cocaine addiction. 'The coke ran out, my cash card was rejected and my dealer was demanding payments. I needed money – now,' she said.

Now 38, Sophie's turned her life around and, after a stint on Celebrity Big Brother in 2013, said: 'I could've carried on down the road I was going down and been one of many people I know who died from drugs, or I could change my life.'

PAULA'S 'AFFAIR' WITH A CONTESTANT

During season two of American Idol in 2005, judge Paula Abdul was accused of having a 'personal relationship' with contestant Corey Clark, 34. Corey claimed Paula coached him on how to win and said the relationship turned sexual for three months. He was disqualified for being embroiled in a police matter and arrested, but argued that producers wanted rid of him anyway. 'Paula ended it after I was disqualified,' he said. Paula, 53, denied his claims.



Corey claims he hooked up with Paula during American Idol



Things have now calmed down for Simon and Lauren



SIMON'S BABY CONTROVERSY

They're happily settled now with one-year-old son Eric, but Simon Cowell and Lauren Silverman's union caused a media frenzy in 2013. After years of being adamant he'd never settle down, Simon, 55, not only shocked the world by announcing he was going to be a dad – but his baby mama was the wife of his friend Andrew Silverman. Later, Simon admitted he was sorry about the way the 'happiest time in his life' came about. 'It isn't something I'm proud of. It just happened,' he said. 'You have to accept the responsibility and the criticism.'





KATIE'S PROSTITUTE GRAN

She made headlines on The X Factor in 2010 when she burst into tears at judges' houses, unable to compose herself for her audition in front of Cheryl Fernandez-Versini and Will.i.am. But Katie Waissel made it through, only for more drama to follow her when it was revealed that her grandmother Sheila Vogel-Coupe was a prostitute! Pictures surfaced of Sheila, 81, on a website called Vintage Vamps, which charged clients up to £250 per hour for sex. Katie, 29, was said to be 'absolutely devastated'. But the following year Sheila blamed Katie for the scandal, claiming: 'Katie joined The X Factor and went to the press. She's ruined my career. But I still wish her well and I love her.' Awks.



Sheila appeared on This Morning to talk about her escort career

Reality TV SEX SCANDALS

Busted! OMG! WTF?

GETTING JIGGY WITH ZIGGY



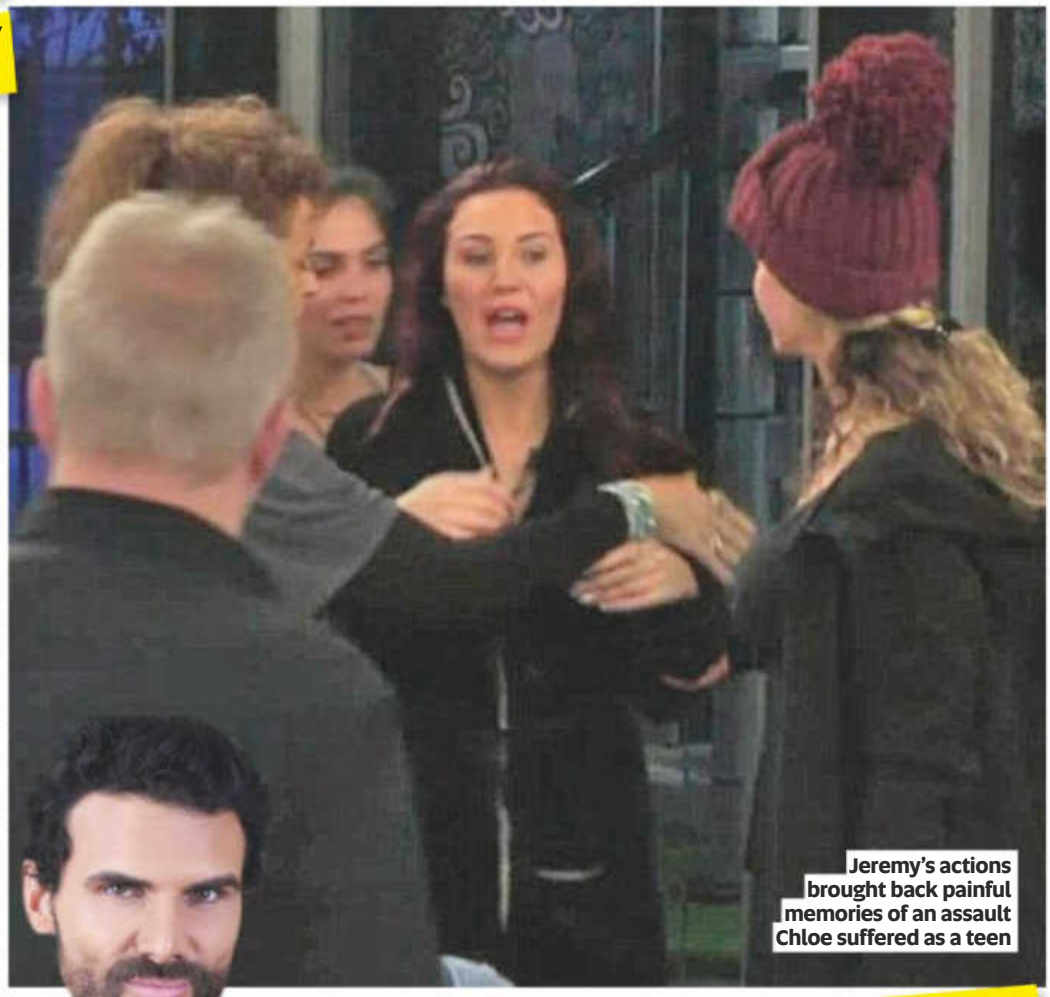
Chanelle and Ziggy got it on in the BB house

They were hailed the Posh and Becks of BB8 in 2007. But it took Chanelle Hayes seven years to finally admit the truth about her X-rated romance with Ziggy Lichman. 'We had sex every day for three weeks in there,' Chanelle, 27, confessed to Now last year. 'I didn't admit it sooner because I didn't want people to call me a slut.'

Some of the pair's shower scenes were said to be so raunchy producers had to delete them! Sadly, Chanelle later dumped Ziggy, 34, after accusing him of using her to 'make money.'



The pair's shower scenes were too raunchy



Jeremy's actions brought back painful memories of an assault Chloe suffered as a teen

JEREMY THROWN OUT OF CBB HOUSE



The former Baywatch star later apologised for his actions

January's Celebrity Big Brother was one of the most scandalous in the show's history, what with Katies Price and Hopkins going head-to-head – and don't even get us started on controversial Perez Hilton. But viewers were in uproar when troubled ex-Baywatch actor Jeremy Jackson, 34, drunkenly exposed model Chloe Goodman's breast in the toilet. Chloe, 21, had been trying to comfort Jeremy, who's battled alcohol problems, after he'd been sick, but was visibly shaken up by the incident and ran to the diary room in tears.

Jeremy was kicked off the show and later said: 'It was a terrible drunken mistake. I'm so ashamed. It would be really easy to blame it all on the alcohol, but I'm not that cheap of a player. It's my fault and I can't blame it on anything but me.'

Words: Scarlett Russell. Photos: LFI, PA, WENN, Wireimage

BB shocks



Makosi and Anthony getting wet and wild

MAKOSI'S POOL ROMP

One of the most notorious series of Big Brother was in 2005. Not only did Kinga Karolczak infamously pleasure herself in the garden using a wine bottle, fellow contestant Makosi Musambasi got jiggy in the jacuzzi with Anthony Hutton. Anthony denied they had sex and went on to win – but at the time Makosi, 34, thought their drunken antics could've left her pregnant! They reunited on Ultimate Big Brother in 2010 and got back in the hot tub, where Anthony joked: 'You get pregnant quite easily, don't you?'

SOUTH AFRICA BIG BROTHER ASSAULT CLAIM

It's not just the UK that's seen serious reality TV controversy. In April a Big Brother contestant in South Africa, Siyanda Ngwenya, was accused of assaulting a fellow housemate while she was asleep. The pair were filmed kissing and cuddling in bed before the cameras moved away. The next day, Siyanda reportedly claimed to housemates that he'd had sex with the contestant. She, however, told female housemates that she hadn't consented to sex with Siyanda at all. In a statement, Mzansi Magic, the channel that airs the programme, said: 'At this stage it's not exactly clear what transpired. Having suspected there may have been an incident of sexual misconduct, Mzansi Magic removed both individuals from the house.'



#WHAT'S Trending NOW

Cheat your way through the next seven days with Now's week in chic

PIN THIS



A summery £65 ASOS dress remains Pinterest UK's most pinned fashion item of all time – meaning ASOS basically wins at pins! With 409,514 followers and 35 boards and counting, it's safe to say pinterest.com/asos is pretty, er, Pinspiring stuff.

BACK IN STOCK

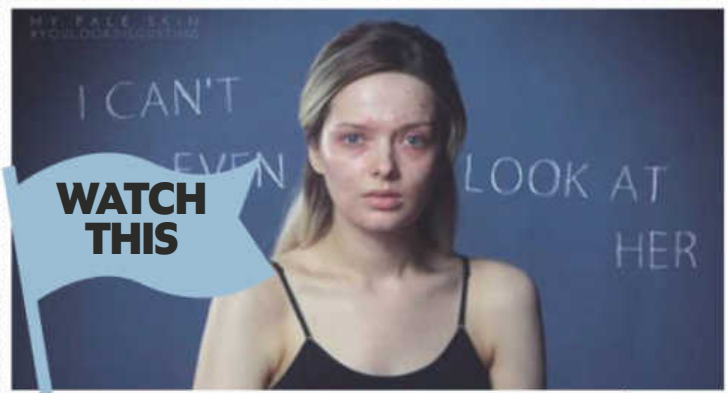


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GLIDE INTO STYLE

Classic, cool and oh-so comfortable, is it any wonder that Solillas's Exotico Oro slip-on has bagged itself an actual waiting list? Gliding into store and online on 30 July, your feet will look ever so Mediterranean – which is a very good thing indeed.

WATCH THIS



YOUTUBE.COM/USER/MYPALESKINBLOG

UK blogger Em Ford made the internet skip by removing her make-up and revealing her struggle with acne. The video, called #YOULOOK DISGUSTING, was viewed more than a million times in a week. 'I've received thousands of messages from people all over the world who suffer from acne, insecurity or self-confidence issues,' says Em. 'I wanted to create a film that shows how social media can set unrealistic expectations.' This Now staffer battled adult acne well into her thirties and applauds Em. Show some love on social with #YouAreBeautiful.

GUCCI COUP

Every blogger and their cousin twice removed seems to have Gucci's Soho Disco bag. Thank heavens for River's lookalike style!

BLAG IT



£650 GUCCI

£20 RIVER ISLAND



HEY CELEBRITY!

WATCH! Saturdays singer Mollie King stars in our *NEW* weekly style edit #WhatsTrendingNow at nowmagazine.co.uk/wtn

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JUTE ALORS!

Check out @TheJacksonsLondon on Twitter and you'll see how KERAYZEE the fash pack has gone for its jute bags. Owner Louise Jackson is collaborating with women in Bangladesh and says. 'The aim is to employ as many women as possible, boosting their status and helping to provide better medicine and education.' The bags sold out after @TheFrugality and @Fashion FoieGras posted them on their Instagram accounts, but... they're BACK IN STOCK from 29 July!

STROBING IS THE NEW CONTOURING

Bin the bronzer and use a *highlighter* to sculpt your face instead. Yes, it's a fad (highlighters have been around for yonks), but it's also a foolproof way to brighten eyes, sculpt your nose and boost cheekbones. Apply shine where light naturally falls, before blending with a fan brush or damp make-up sponge.



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MOST ♥S

This week's #GetOnMyFaceNOW moment came courtesy of Urban Decay's *new* smoky neutrals palette, available from 30 July. Packed with 12 smokin' hot shades, it's eyeshadow made easy.

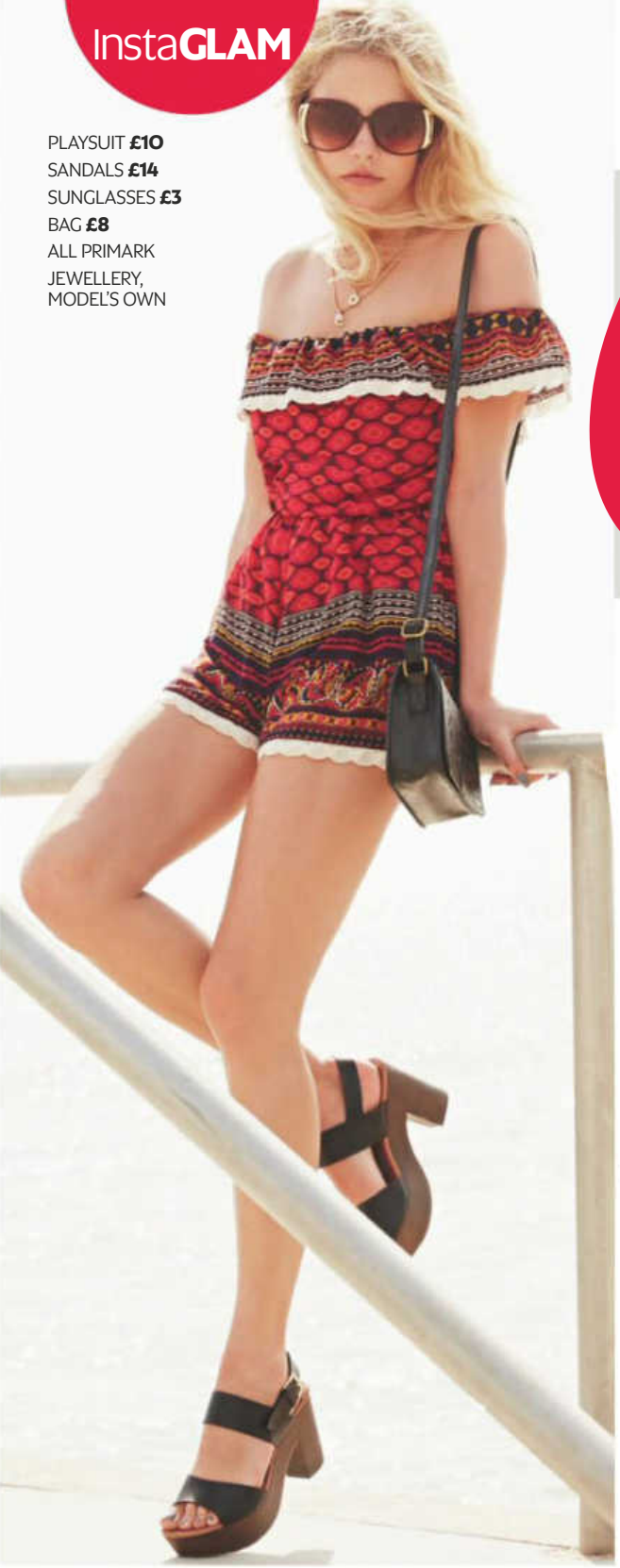


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URBAN DECAY NAKED SMOKY EYESHADOW PALETTE

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61 co co

...that your feet are going to absolutely LOVE 😍 this summer!



£35 RIVER ISLAND

The block heel

Wave bye-bye to achy balls... of your feet – cripes, guys!



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The slider

Hey, busy girls! These slip on for you low-maintenance misses.

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STEVE MADDEN





£18
MARKS & SPENCER



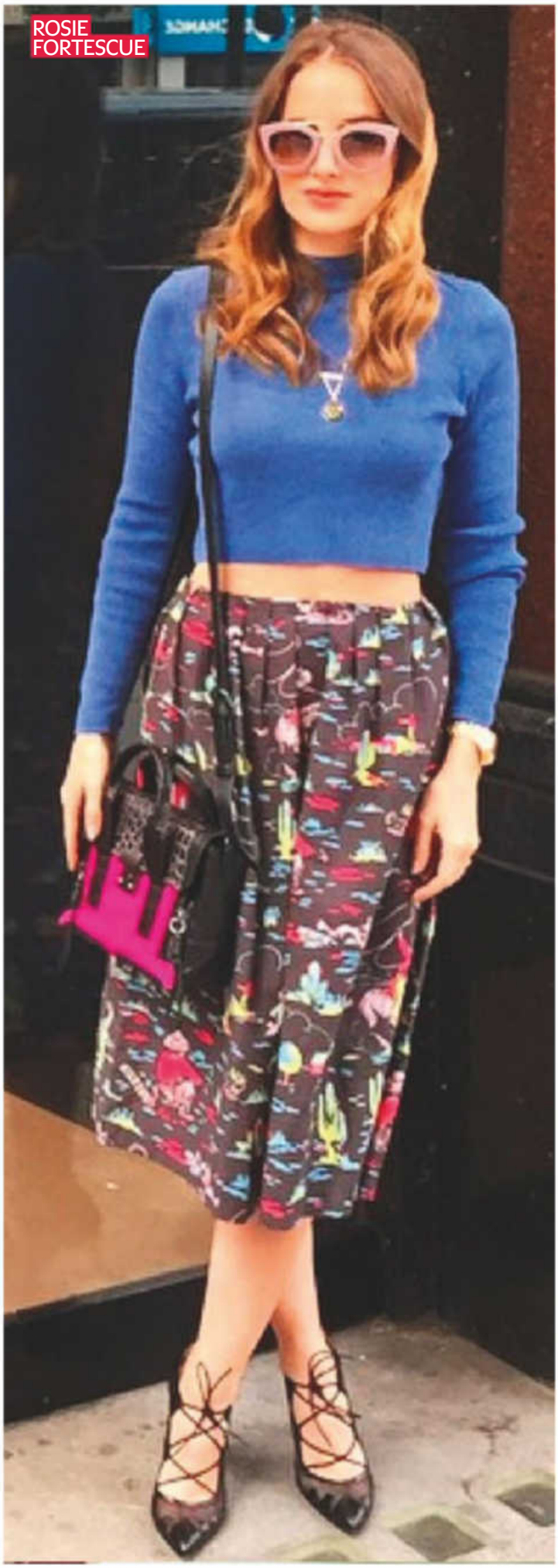
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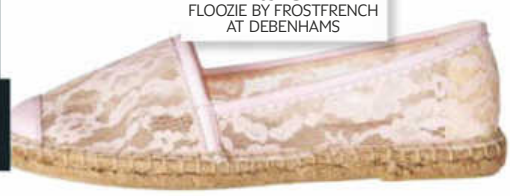


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The yes-padrille!

This is what comfort looks like! Slip on a stylish espadrille – day or night.



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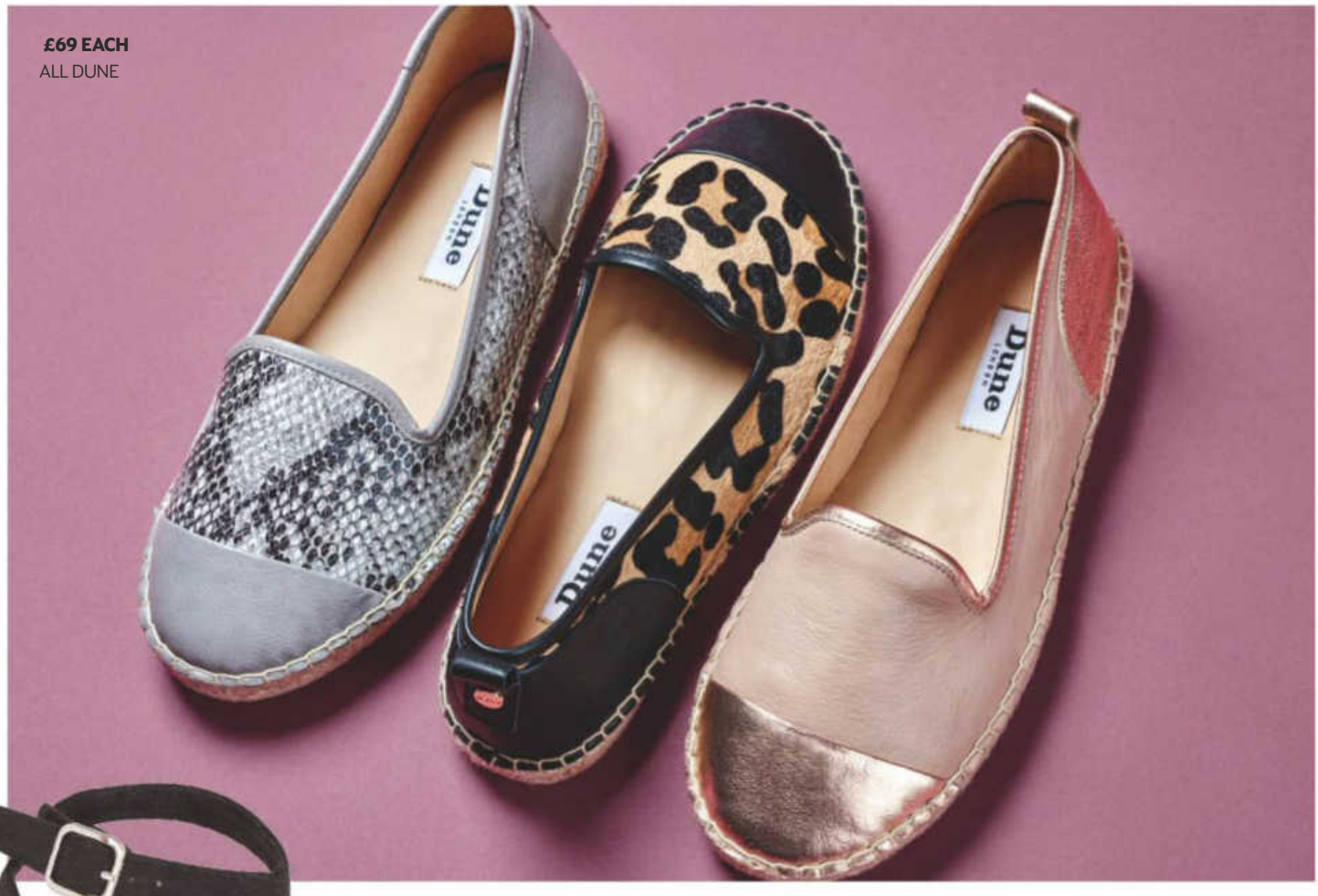
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JOULES



£20
EVANS



£18
RIVER ISLAND



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£110
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£35
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NOW LOVES



£55
TOPSHOP

Words and styling: Sarah Bradbury

£15 EACH
ALL FIORE AT MATALAN



Fazzy shoes

Love the look of heels? Hate *wearing* them? Then check out these dressy flats...



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ASOS.COM

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£16
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Looks designer!

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£79
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£75
DUNE



Rework y with

Make your high-street heroes work even harder with Mrs Humes' tip-top styling tricks

The It dress

What to wear it with...

Summer



£6.50 DOROTHY PERKINS

£8.50 FREEDOM AT TOPSHOP

£6.50 FOR SET DOROTHY PERKINS



£24.99 NEW LOOK

£49 ROCHELLE HUMES FOR VERY.CO.UK

'I love the lace fabric of this dress – it's perfect for giving the utility trend a feminine feel'



With Now's Hannah

Winter



£64.99 NEW LOOK



£58 RIVER ISLAND

our wardrobe

Rochelle

The It skirt

What to wear it with...

Summer



£59 ROCHELLE HUMES FOR VERY.CO.UK

£29 ROCHELLE HUMES FOR VERY.CO.UK

£50 RIVER ISLAND

'This skirt looks fab with this top from my collection now that the weather's warm. In winter I'll nail the retro look with over-the-knee boots and a floppy hat'

Winter



£169 DUNE

£14.99 NEW LOOK

£32 WAREHOUSE

The It jeans

What to wear it with...

Summer



£12.99 NEW LOOK

£38 OFFICE

£29 ROCHELLE HUMES FOR VERY.CO.UK

'Well-cut jeans that hug your hips then flare out at the knee make legs look longer and slimmer'

Winter



£150 ROCHELLE HUMES FOR VERY.CO.UK

£12.99 ZARA

£20 NEXT

Words and styling: Hannah Eichler

All your Sunscreen solutions

How much? How often? What about the kids? Our experts have *all* your SPF needs covered

Summertime's here at last! Yes siree, there's no question that sunshine = guaranteed happiness. But picking the right sun cream can leave the best of us flummoxed.

Now's Digital Content Editor – and resident mum – Victoria Kennedy sat down with Solait senior product technologist Jenna Wellbeloved to bring beach protection back to basics so we can protect ourselves – and our families – with ease. Whether you're off on holiday or enjoying your first family staycation, Jenna and Vic have all your SPF needs covered...

My child *never* stays still – how do I slather on the SPF?

If your child's a wriggler, use a trigger spray. Apply it while you're still inside to avoid the distractions of the beach.

What factor should I use?

For optimum protection, use SPF30 on yourself and SPF50+ on children. Always apply at least 30 minutes before sun exposure to ensure you're protected the instant you step out in the sun



A good dollop of cream is essential

How much should I be using?

If it's a cream, about 2tbsp should give sufficient coverage. If you like using a spray, Solait Kids Trigger Spray is coloured green so you can see where you're applying each time.

How often should I apply it?

Sunscreen should be reapplied every one to two hours and after swimming.



Jessica Alba's kept daughters Honor and Haven safe in the sun since they were babies

How do I protect my newborn?

Newborn babies' skin is far too sensitive for the sun, so ensure they're in the shade at all times. If you're expecting, keep out of direct sunlight.

What if I – or one of my little ones – do get burnt?

In the event of sunburn, soak a cloth in cool water and apply to the affected area every two to three hours. Stay out of the sun for the next three days.

How much should I spend?

Sunscreen doesn't need to be expensive – just make sure it has the 5 Star UVA Protection logo. A lot of brands offer promotions over the summer – Superdrug has a two for £8 offer on selected Solait products right now.

Beach bag essentials





Suncare sorted

Watch the full video of Solait's Jenna Wellbeloved and Now's Victoria Kennedy as they tackle *all* your SPF-based questions at nowmagazine.co.uk/beauty-news

Now Glam CAM

UVB vs UVA

● Sunlight's made up of two types of harmful rays: long wave ultraviolet A (UVA) and short wave ultraviolet B (UVB). UVA rays can age us and UVB rays can burn us but overexposure to either can damage skin.

● UVA rays penetrate deep into the skin. Unprotected exposure can lead to premature skin ageing, as well as suppressing the immune system. When your skin's defences are down, you're at risk of skin cancer.

● UVB rays tend to burn the superficial layers of your skin but the intensity varies by season, location and time of day, peaking at midday. Sunburnt skin can be permanently damaged over time.

Now SMART GIRLS FAKE IT with SOLAIT exclusively at Superdrug

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blended for beautiful hair



BLENDED FOR SMOOTH, SLEEK HAIR

INFUSED WITH ARGAN OIL & JASMINE EXTRACT

Meet your tools!

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Great for splashing about



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SOLAIT MOISTURISING AFTER SUN GEL WITH ALOE VERA

Words: Gilly Ferguson. Photos: Shutterstock

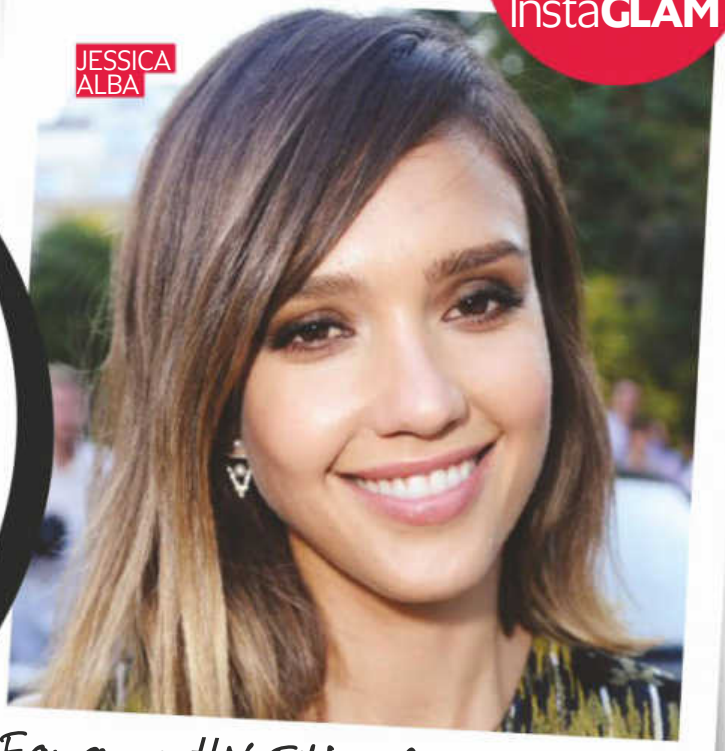


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AND ON: ocado feelunique.com amazon.co.uk

#Style ON TRIAL

Can a cream actually vamoosh our laughter lines? We test this **anti-wrinkle smoother** to find out



Fancy a #NoFilter face, anyone?

Words: Lydia Thompson Photos: PA



£65
ELIZABETH ARDEN PREVAGE ANTI-AGING WRINKLE SMOOTHER

THE PRODUCT

Elizabeth Arden Prevage Anti-Ageing Wrinkle Smoother.

THE HYPE

This sellout cream diminishes wrinkles instantly, airbrushing them into oblivion and, in time, fading those bad boys out.

SCIENCE BIT

Like the Photoshop of beauty buys, the cream's Lumiflect technology, optical diffusers and soft-focus silicones help to blur wrinkles and give your complexion a radiant glow.

INGREDIENTS

Contains idebenone (the most powerful antioxidant), botanical extracts, peptides, amino acids and hyaluronic acid, which all give the skin a long-lasting youthful appearance, fight future wrinkles and fade fine lines.

100% of women noticed an immediate reduction in the appearance of lines and wrinkles, including crow's feet. Woah!

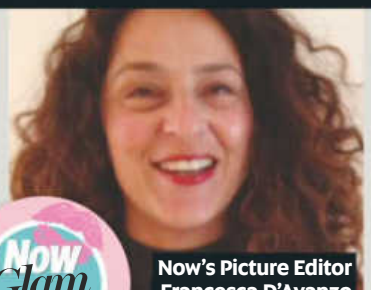
HOW?

Simply glide the pen over your problem areas. The applicator is designed like a paintbrush so you don't have to use your fingers.



Rachel Weisz is a fan of Prevage

THE GLAM SQUAD



Now's Picture Editor Francesca D'Avanzo





Now's Glam Squad puts anti-wrinkle creams on trial at nowmagazine.co.uk/beauty-news

Verdict

The applicator is amazing and the cream's tinted, so when you first put it on it naturally fades the line a little. It's like an instant facelift! I didn't expect it to work long-term, but after three weeks I can definitely see an improvement, especially on my laughter lines, which don't appear so deep. I think this product is well worth the money.

gsk

Ignoring blood could lead to tooth loss



If you spit blood when brushing your teeth it could be an early sign of gum disease, a leading cause of tooth loss. Both Corsodyl Mint Mouthwash and Corsodyl Toothpaste are clinically proven to help stop bleeding gums. Find out more at www.corsodyl.co.uk

CORSODYL®

FOR PEOPLE WHO SPIT BLOOD WHEN THEY BRUSH THEIR TEETH.

Corsodyl Mint Mouthwash is a medicine containing chlorhexidine digluconate for the treatment of gum disease. Always read the label. If left untreated, gum disease is a major cause of tooth loss. CORSODYL is a registered trade mark of the GSK group of companies.

You & Improved

Health, heart, happiness – how to supersize your life



7 things that will make you HAPPIER

Did you know that 15 minutes of laughter can burn up to 40 calories? So let's get happy!

1 *SIT UP STRAIGHT*
Better posture makes you more positive, so stop slouching.

2 *EAT CHOCOLATE*
Dark chocolate contains phenylethylamine (PEA), the chemical your brain creates when you're falling in love, which encourages your brain to release feelgood endorphins.

3 *DRINK UP*
Drinking green tea can help to reduce anxiety and stimulates the production of alpha waves in the brain, which make you feel relaxed and happy.

4 *DOWNLOAD IT*
The Headspace app (free on iTunes) teaches you mindfulness techniques that will lift your mood and give you coping skills for the ups and downs of life.

5 *HELP SOMEONE*
Increase your own happiness by doing something for someone else.

6 *DO A POPEYE!*
Spinach is full of vitamin B6, which is great for balancing your mood.

7 *EXERCISE*
Working out will release endorphins. Even doing 20 minutes a day can boost your mood for up to 12 hours.

Words: Lydia Thompson. Photo: Shutterstock


NEW
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GOODIES
Lemon
with meringue style pieces
LOW FAT
99kcal
or less
Light
GOODIES
Lemon
MMMM... DELICIOUS
AND 99 CALORIES

You & Improved

Oh.My.Bod.

Atomic Kitten's **Liz McClarnon**, 34, shares her top to toe health tips

'Jogging bores me senseless'

HEIGHT: 5FT 8IN
WEIGHT: 9-9½ST
DRESS SIZE 8-10



What exercise do you do?
I do boxing because I love it. I like the tight feeling all down my core and it's really good for me because I don't like jogging – it bores me senseless. I can't do squats because I've got dodgy knees and I can't do proper sit-ups because, being a singer, I strain my neck, so I do these Russian twists from side to side.

How do you stay motivated to work out?
Some days it's really hard. The first couple of times I go to the gym when I've taken a break from training I say to myself: 'I *have* to do this.' Then afterwards I love that tight feeling in my belly. It's summer, too, so that motivates you a lot.

What's your favourite body part?
My arms. I don't have to do too much to them – for some reason they just stay in shape, which I'm quite pleased about! I just use a couple of weights to keep them defined.

And your least favourite?
My lower tummy and hips area. It's the first place I put on weight and the last place I lose it.

Have you got a guilty food pleasure?
Cheese. On everything, in everything! I've started eating quite healthily but my mum came to stay and brought some cheese and I actually had a cry the other day because I couldn't eat it. Me and the fromage have a bond!

Liz is supporting Cancer Research UK's BBQ To Beat Cancer fundraising campaign. Sign up at cruk.org/BBQ

Words: Lucy Gornall. Photos: PA, Shutterstock

LIZ'S FOOD DIARY

Now's expert sports nutritionist **Ollie Frost** gives his verdict on her daily diet



Breakfast

I had natural yogurt with blueberries.

OLLIE SAYS Greek yogurt is high in protein and low in calories. Blueberries contain antioxidants, which combat the free radicals linked to cancer and heart disease.



Lunch

An omelette – four egg whites to two yolks – with mushrooms.

OLLIE SAYS Don't throw all the yolks away – they contain vitamin D, which is great for your immune system. Eggs also raise your 'good' cholesterol, which will lower your risk of many harmful diseases.



Dinner

I made turkey meatballs with oats and courgetti instead of spaghetti.

OLLIE SAYS Turkey's a great protein source and low in fat. Substituting spaghetti with veg is a perfect way to increase the volume of food on your plate without additional calories.



Snacks

Chicken or bananas. I do like wine sometimes, though!

OLLIE SAYS Bananas aren't just a brilliant energy source – they act as a prebiotic, stimulating the growth of friendly bacteria in the bowel, and assist in absorbing nutrients.



TOTAL CALS 1,212 (GDA 2,000)

VERDICT Liz's diet is nutritionally sound in terms of the quality of food she's eating. However, her overall calories are too low, which could leave her feeling lethargic and rundown. Adding in healthy fats such as avocados, nuts and biltong are quick, easy ways for Liz to increase her daily intake of energy.

Follow Ollie on Twitter @Ollie_Frost

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Compiled by Kirsty Hartow

Bake my day



Avoid a soggy bottom with these Great British Bake Off-inspired kitchen must-haves



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Now OFFERS









BAG A BARGAIN!

FOUR-PIECE RATTAN GARDEN FURNITURE SET

Only £199.99 plus £19.99 delivery*
(was £499.99 – save £300!)

Relax in style this summer with this high-quality rattan furniture set. You can soak up the sunshine in complete comfort with this outstanding focal point on your patio, decking or lawn. The set consists of an elegant two-seater sofa and two armchairs, both featuring attractive contrasting cushions, as well as a table with a glass top that adds the perfect finishing touch. Made from weatherproof rattan-effect polyethylene (PE) for added durability. Chairs measure H78 x W57 x D54cm. Table measures H38 x W40 x L75cm. Bench measures H78 x W108 x D54cm.

Maximum load single chair: 120kg.
Maximum load two-seater: 180kg.
Self-assembly required.

D8647 Brown
D8648 Dark Brown
D8649 Grey
D8650 Black

LADIES' PANAMA HAT

Just £39 plus £3.95 p&p
(was £80 – save £41)

Stay cool and protected from the sun in this stylish Panama hat. Made from toquilla palm, each hat is unique as they're woven by hand in Ecuador. The straw is so pliable it can be folded for travelling, retaining its shape when unpacked. It's finished with an attractive ribbon and cotton trim inside. One size (57cm).

BVA08 Ladies' Panama hat



Call 0871 911 7011 quoting 52141
or visit clifford-james.co.uk/52141

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SATURDAY 1-FRIDAY 7 AUGUST

Scopes

Your week ahead with **David Wells**





HELEN FLANAGAN
turns 25
on 7 August

IF IT'S YOUR BIRTHDAY THIS WEEK...

You've just made another year with Jupiter's force sitting in your solar chart, Leo, so take it and run with it. Think about how far you could go if you unleash your full creative force and adventurous spirit. This is not a year for staying in – money will be on the up and overseas projects are calling. Love is fateful and passionate and a toxic tie to the past is released.

Photo: Fame Flynet

LEO 23 Jul-22 Aug

Jupiter and Venus are reunited, but this time they aren't quite so friendly. The upshot is a final push to strongly highlight what or who is blocking your bliss and how to move beyond it.

Call for more on cash conundrums.
UK: 0905 8171565* IRL: 1560 787905*

VIRGO 23 Aug-22 Sep

You'll soon see Mercury in your sign fanning the flames of a job option you've been trying to make happen. Until then, think about what stays or goes to make your dream come true.

Find your soul voice. Call me.
UK: 0905 8171566* IRL: 1560 787906*

LIBRA 23 Sep-22 Oct

When you're busy making observations about events in your friends' lives, stop for a moment. What wisdom can you take onboard for yourself? Heed your own advice, Libra.

Call for more on a job offer.
UK: 0905 8171567* IRL: 1560 787907*

SCORPIO 23 Oct-22 Nov

At last Saturn's moving out of your sign – and as he goes, you should be reaping the rewards of your three years of very hard work. You've truly reached the point of no return.

Love, career, family – call for more.
UK: 0905 8171568* IRL: 1560 787908*

SAGITTARIUS 23 Nov-21 Dec

A surprising number of people could be coming to you with ideas and confessions. Secrets are handed to you, trust placed in your hands and veils lifted to reveal some surprising truths.

Things start to make sense. Call me.
UK: 0905 8171569* IRL: 1560 787909*

CAPRICORN 22 Dec-20 Jan

You may not want to have yet another debate about money, the weekend's activities or whatever it is that's on a loop, but you're in the minority. You have two choices: sort it or hide away.

Call for more on a career boost.
UK: 0905 8171570* IRL: 1560 787910*

AQUARIUS 21 Jan-19 Feb

What can you do to make that special someone feel better? You could buy them gifts – or even better, how about spending quality time with them and just listening?

Call for more on raising your profile.
UK: 0905 8171571* IRL: 1560 787911*

PISCES 20 Feb-20 Mar

You're busy sorting everyone out at work, but who's helping you? It seems someone would like to help you with more than your workload, Pisces. Mix love and work very, very carefully.

Travel plans are back on. Call me.
UK: 0905 8171572* IRL: 1560 787912*

ARIES 21 Mar-20 Apr

Complications with your love life or a friendship that may not be going as planned aren't a sign to walk away. If anything, work at it. This is your best week to reach a greater understanding.

Secrets are out. Call me.
UK: 0905 8171561* IRL: 1560 787901*

TAURUS 21 Apr-21 May

When you're put in the position of defending one family member or friend against another, can you really do it with neutrality? Difficult dynamics call for careful steps, Taurus.

Single? New love waits – call me.
UK: 0905 8171562* IRL: 1560 787902*

GEMINI 22 May-20 Jun

You may not agree with certain people, but they could help you achieve a goal. You don't have to like them to work with them – mutual respect is enough. Big things come from joint efforts.

Call for more on tough love chats.
UK: 0905 8171563* IRL: 1560 787903*

CANCER 21 Jun-22 Jul

Money matters feature heavily but paying attention to them is all that's asked. Solutions can be found. A recent introduction could blossom into more than you thought – Cupid is busy.

Call for news on legal documents.
UK: 0905 8171564* IRL: 1560 787904*

*Calls cost 80p per minute (ROI €1.28) plus your telephone company's network access charge and last approx 4 mins. Users must be over 18. Weekly lines updated on Saturdays. For entertainment purposes only. SP/IP: Spoke (UK: 0333 202 3390/ROI: 01437 8815)

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The Fix

What'll get your pulse racing this week

FILM

MOST *arresting*



Hot Pursuit *At cinemas 31 July*
Uptight cop Cooper (Reese Witherspoon) ends up having to protect Daniella (Sofia Vergara), the widow of a Mexican drug lord, on a chase through Texas – and it's one hell of a ride. Every time we see Reese in a comedy we think she can't get any funnier – but she can! And of course the pair have life lessons to teach each other along the way, because it wouldn't be a chick flick – or a police film at that – without life lessons. Did we mention that Robert Kazinsky is in the film, too? You know, him off EastEnders. Although he is doing a dodgy Texas drawl, but we'll let him off with that because he's hot.

Bad cop GOOD COP

We love these on-screen police – but it doesn't mean they're always good at their jobs



PC Danny Butterman in Hot Fuzz
Danny (Nick Frost) prefers eating Cornettos to jumping fences (or generally crashing through them).



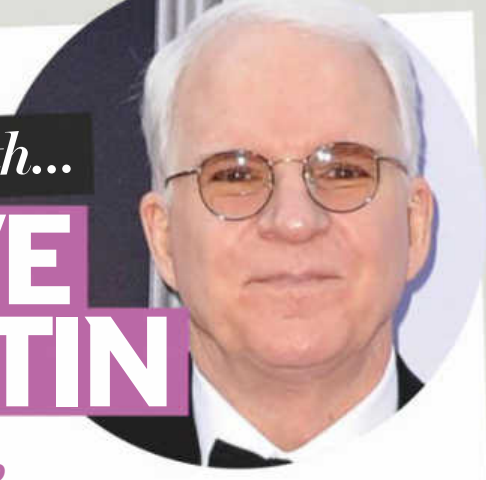
Ashburn and Mullins in The Heat
Sandra Bullock and Melissa McCarthy's characters have unorthodox ways of dealing with baddies – like grenades.



Schmidt and Jenko in 21 Jump Street
Jonah Hill and Channing Tatum are so bad at their jobs they're sent back to high school for a sting on a drugs ring.

A quickie with...

STEVE MARTIN



We catch up with the legendary funnyman, 69

Did you enjoy playing the bad guy Captain Smek in Home?
It's always fun to play a villain and Home really sounded like fun. I love doing animated films because if the joke doesn't work, you can always fix it. You can experiment with it, rewrite it and work on it a bit more so it's different from a live action movie. There's lots of room for improvisation. And you can do it from home, so you don't have to fly anywhere!

What was it like working with Rihanna, who plays Tip?
Rihanna's great. As Tip, she's very touching and she's tough when she has to be. I think her songs are great, too.

The film's about aliens – do you believe they exist?
Sure I do. I mean, if they're there I don't know if scientists will ever find anything, but I certainly believe that life wouldn't be unique to Earth.

We heard you showed President Obama some of the film before it came out...
We did. He was doing a tour of Southern California and he came into DreamWorks and we did some readings for him. I'd met him before, so we almost have a joking relationship. We talked for a while and we had a good time. I really like the guy a lot.

Didn't you play banjo at the White House, too?
Yes! It was a poetry evening, but I was asked to play and it was a nice evening. It was very special.

Home is out on now on DVD and Blu-ray



Steve voices Captain Smek in animated comedy Home

LONG ROAD *home*

TV

I Am Cait *E!, 9pm, 2 August*
We feel like we've been waiting forever to watch Caitlyn Jenner's new reality show, but it's finally here. It's been a hell of a few months for Caitlyn, with her brand new look, her Vanity Fair cover and winning a bravery award at the ESPYs. 'I'm telling my story... This is about getting to be who you really are,' she says. Caitlyn, we salute you.

THE HOT SPOT

What makes us sizzle or leaves us cold

SO NOW

TV

Great British Bake-Off
BBC1, 8pm 5 August
Yay! GBBO is back with more kitchen mayhem.

BOOK

My Happy Colouring Flip Book by Stuart Semple
Colouring is *so* relaxing – and £1 from every sale of this book goes to mental health charity Mind.

MUSIC

Wonder Woman by Lion Babe
Out 28 August
This US duo are going to be huge. We're obsessed!

LOVO
£2.95, 31dover.com
Vodka and sparkling water with coconut? We've found our favourite drink of the summer.

SO NEVER

Culottes leg hair panic
We keep forgetting that our swingy trews show off our ankles. Must be more organised with the razor.

Not being able to date Rick Edwards
We're only putting Rick at the bottom because he's already taken. Huff, grump, etc. We're enjoying him *lots* on Safeword (ITV2, 10pm, Thursdays).

TV

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Chilling IN



TV

Earth's Natural Wonders

BBC1, 9pm, 5 August

There's nothing like a good BBC nature documentary to help you put a few things into perspective and this one is just that. Covering some of the most remarkable places, from the Grand Canyon to Mount Everest, prepare to feel very humbled.

While We're Young

On DVD now

Naomi Watts and Ben Stiller star in this comedy as a childless couple who decide to befriend a younger, cooler couple (Adam Driver and Amanda Seyfried). It's pretty funny.



DVD



TV

Great British Menu

BBC2, 7.30pm, 3 August

The ultimate cooking contest is back as chefs from all over the UK go head-to-head and compete to find out where has the best cuisine. We're hungry just thinking about it.

Insurgent

On DVD 3 August

If you missed this massive franchise at the cinema, now's the time to catch up. Shailene Woodley stars as girl-power hero Tris in a dystopian, ruined Chicago – and her mate Four (Theo James) ain't bad either...



DVD

Chilling OUT



EVENT

Luna Cinema

Nationwide until 27 September (thelunacinema.com)

Fancy watching a classic film at, say, a castle? Pick an amazing UK location and a movie and go for it. Perfect for a date night.

Marina & The Diamonds on tour

Nationwide, 20 November to 3 December (marinaandthediamonds.com)

We love Marina and her hits like Primadonna and Froot. And later this year she's off on tour with her band, so get booking your tickets fast.



TOUR



FILM

The Last Sparks Of Sundown

At cinemas 31 July

Kayvan Novak and Shenoah Allen play down-on-their-luck brothers who come to the UK to sell their late grandad's estate. Co-stars Emily Bevan.

Iris

At cinemas 31 July

We love this documentary about 93-year-old American fashion icon Iris Apfel, which reveals all about her legendary style. You'll come away with some proper fashion inspiration.



FILM

Words: Rosie Gizauskas. Photos: PA



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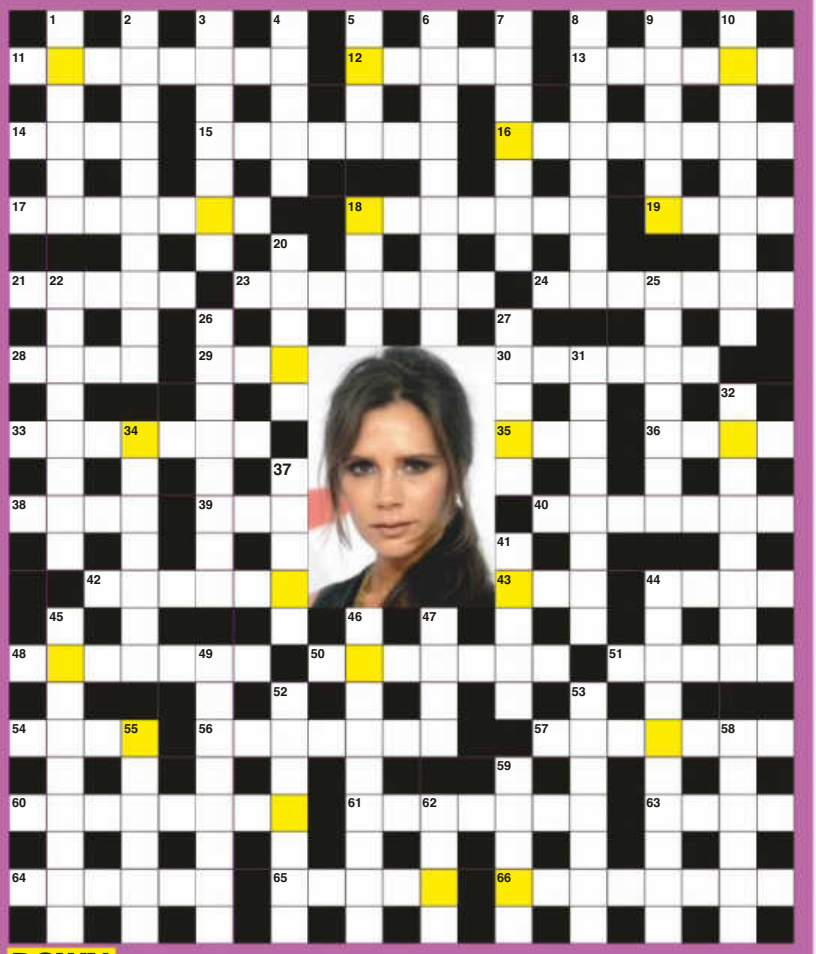
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Celebword

Fill in the answers in the grid below and the letters in the yellow squares will spell out the answer to this bonus question: Victoria Beckham was rumoured to have used a skin product based on what unusual natural material?



ACROSS

11 Letter container (8)
12 New Delhi's country (5)
13 Make furious (6)
14 Feathered friend (4)
15 Teach (7)
16 London airport (8)
17 Prize ribbon, often at a gymkhana (7)
18 Examine closely and carefully (7)
19 Well-ordered, tidy (4)
21 Complete disorder, havoc (5)
23 Mediterranean around Cannes, Nice and Monaco (7)
24 Tell the future (7)
28 Long hard journey (4)
29 Swine (3)
30 Item used to brew a cuppa (3,3)
33 Six-sided figure (7)
35 Item sold by an auctioneer (3)
36 Hotpot (4)
38 Small city (4)
39 Poorly (3)
40 Never ending (7)
42 Intimate acquaintance (6)
43 Fishing-pole (3)
44 List of duties (4)
48 New and imaginative gimmick (7)
50 Common garden 14 Across (7)
51 Timepiece (5)
54 Stride (4)
56 Sprang back up, like a dropped ball (7)
57 Peach-like fruit (7)
60 Woollen jumper with buttons down the front (8)
61 Outer layer (7)
63 Football score (4)
64 Spanish stew of fish, rice and saffron (6)
65 Stick like glue, hold on tightly (5)
66 Academically hard-working (8)

DOWN

1 Rainbow colour between blue and violet (6)
2 Embroidery, sewing (10)
3 Truthfulness (7)
4 First appearance (5)
5 Passport endorsement (4)
6 Enemy, foe (9)
7 Bank teller (7)
8 Ornamental stoppered vessel for liquor or wine (8)
9 Child with no parents (6)
10 Lack of knowledge (9)
18 Coloured part of eye (4)
20 Zodiac sign of the maiden (5)
22 Equine transport vehicle (5,3)
25 Two words that may start a letter (4,3)
26 Directly contrary (8)
27 Not moving (5)
31 Height above sea level (8)
32 Rigorously but nitpickingly correct (8)
34 Grand National racecourse (7)
37 Cutting part of knife (5)
41 Archer's missile (5)
44 Item, often wooden, for flattening pastry (7,3)
45 Representation by an artist or an actor (9)
46 Clothing for an astronaut (9)
47 Parched, dry (4)
49 Sledge (8)
52 Place of great heat for metal smelting (7)
53 Get faster (5,2)
55 Small broad oar (6)
58 Not transparent (6)
59 Lawn flower with a yellow center and white petals (5)
62 Old cloths, tatters (4)

ANSWERS

ACROSS 11 Envelope **12** India **13** Enrage **14** Bird **15** Educate **16** Heathrow **17** Rosette **18** Inspect **19** Neat **21** Chaos **23** Riviera **24** Predict **28** Trek **29** Pig **30** Teabag **33** Hexagon **35** Lot **36** Stew **38** Town **39** Ill **40** Eternal **42** Friend **43** Rod **44** Rota **48** Novelty **50** Sparrow **51** Clock **54** Step **56** Bounced **57** Apricot **60** Cardigan **61** Surface **63** Goal **64** Paella **65** Cling **66** Studious
DOWN 1 Indigo **2** Needlework **3** Honesty **4** Debut **5** Visa **6** Adversary **7** Cashier **8** Decanter **9** Orphan **10** Ignorance **18** Iris **20** Virgo **22** Horse box **25** Dear sir **26** Opposite **27** Still **31** Altitude **32** Pedantic **34** Aintree **37** Blade **41** Arrow **44** Rolling pin **45** Portrayal **46** Spacesuit **47** Arid **49** Toboggan **52** Furnace **53** Speed up **55** Paddle **58** Opaque **59** Daisy **62** Rags
Bonus answer: Nightingale droppings

Photo: PA

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Whatever happened to...?

Michelle Ryan


Michelle was one of the original Slater sisters


Her stint as the Bionic Woman was brief


She toured in Cabaret

From EastEnders?

Yes! Michelle was just 16 when she was picked to play Zoe Slater in September 2000. She left the Square in June 2005 after reportedly suffering a breakdown that led to her taking a four-month break from filming. 'Soaps can take over your life,' she admitted.

So what's she done since?

Post-Enders she starred on stage in Who's The Daddy and in an episode of Agatha Christie's Marple, before bagging herself the lead role in the 2007 remake of US sci-fi drama series Bionic Woman.

Sounds like a Hollywood dream!

Unfortunately, the show was cancelled in its first series. But Michelle was philosophical about it. 'I got to go out and experience it all. If it had been a huge success, that would have been great, but it's gone. It's worked out fine,' she said.

Anything else we should know?

In 2008, she landed the role of sorceress Nimueh in BBC drama Merlin, gushing: 'It's the first baddie I've ever played. It's been great fun.' She also toured with Will Young in Cabaret in 2012 and played a stripper in 2011 film Girl Walks Into A Bar. This year, she's starred in US action film Andròn: The Black Labyrinth alongside Alec Baldwin and Danny Glover.

Any chance of an Enders comeback?

Tongues wagged earlier this year when Kat Moon showed Linda Carter a photo of Zoe. But Michelle's ruled out a return. 'It didn't rekindle any desire in me to go back,' she said.

What about off-screen?

She dated TV hottie Gary Lucy when she was 18, but split when he was pictured with other women. At 19, she got engaged to footballer Tommy Williams, but they split a few years later. In 2009 she was seen cosying up to US actor Jason Segel in a London club. Ooh-er!

And future plans?

Next year, Michelle, 31, is set to star in The Last Photograph alongside Jaime Winstone, Vincent Regan and ex-Ender Charlie Clements.

She may have been signed to a London modelling agency and was once a regular on Sexiest Women polls, but Michelle says she never had a lot of male attention. 'I was a bit of a geek. Good-looking guys were off-limits,' she confessed.



If you want to hear about, or have seen, a once-famous celeb – or you *are* a once-famous celeb! – get in touch at **nowmagletters@timeinc.com**

Words: Lucy Cornell. Photos: BBC, PA, Rex, Allstar

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